



I'M FREE - TAKE ME HOME

The essential handbook for families with
0-11 year olds

www.boommagazine.co.uk



@Boom_Magazine_Derbyshire

Awakening the Sacred Mother

**What if motherhood wasn't the
end of who you were, but the
beginning of who you are
meant to become?**

Join me on a coaching journey where, instead of motherhood feeling like an experience where you've lost yourself, where you feel torn between devotion and depletion, sacrifice and self-care, it's where you've stepped into your potential, and found your true self.

**Motherhood is a
journey of transformation,
of your soulful realisation.
And it starts here.**

Claire Germiquet

*Jungian Master Coach
MSc Mental Health Psychology*

**Get your free session
here**



Sacred Self

BOOM ... Winter Warmers...

Seasons Greetings! 🍷

We hope you enjoyed issue 41 & our first edition of Boom as the new owners! We're so excited to share this next one with you. As the nights draw in and the festive season begins, we've packed this cosy Winter Warmer issue full of ideas, inspiration, and practical tips to keep you feeling snug, creative, and prepared for the months ahead.

Inside, you'll find features on Making the Most of Christmas on a Budget, all the way to Crafting Your Way Through Winter with fun projects for the whole family. We're also shining a light on our carefully selected 'Boom's 12 Makers of Christmas,' showcasing 12 incredible local businesses to help you shop small, support local, and discover some unique festive treasures.

As always, we'd love to hear your feedback—your thoughts mean the world to us. Whether it's a recipe you've tried, a craft project you've loved, or a maker you've discovered through our pages, let us know how Boom is helping to brighten your winter days.

Don't forget to check out our socials for even more seasonal content, events, and updates. And if you're on TikTok, come join us there too!

With Love

Steph & Jess



@boom_magazine_derbyshire
www.boommagazine.co.uk



BOOM EVENTS

We wanted to give back to all you lovely readers, and parents. So we started BOOM Events, we have made them as cost effective as possible for you all, & hope to meet more of you soon.

To see the upcoming events see page 21.

Or book your slot now, by scanning the QR



**All events are on a first come, first serve basis.
No booking is final without a booking confirmation & full payment

SCAN ME!

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Get in touch!

Is there something you would like to see in the next issue?

Or want to send us some feedback?

email : info@boommagazine.co.uk

ADVERTISE WITH US

For more information

SCAN ME!



To book your next advertisement

email : advertising@boommagazine.co.uk

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Please mention boom when responding to adverts, visiting or showcasing classes & group visits

Groups & Classes for 0-11s

0 - 5's

Baby Sensory (0 - 13m)

FlowMotion. Life Yoga Studio, Matlock

Mon 10:30 - 11:30am (birth - 6m)

Mon 12 - 1pm (6m - 13m)

Ripley Leisure Centre

Tue 10 - 11am (birth - 6m)

Tue 11:30am - 12:30pm (6m - 13m)

Tue 1 - 2pm (birth - 13m)

The Venue, Ashbourne

Wed 10 - 11am (birth - 6m)

Wed 11:30am - 12:30pm (6m - 13m)

Wed 1 - 2pm (birth - 13m)

Tyler's, Campbell Street, Belper

Thu 10 - 11am (birth - 6m)

Thu 11:30am - 12:30pm (6m - 13m)

Thu 1 - 2pm (birth - 13m)

Interactive, educational sensory classes which will help your baby learn and develop important skills in a supportive, friendly environment. Book online at www.baby.sensory.com/central/derbyshire • 07989 443734

Baby Sparks Sensory (6w - 3yrs)

Strutts Centre, Belper

Tue 10 - 11am (6m - 3yrs)

Tue 11:15am - 12:15pm (6w - 6m)

Darley Abbey Village Hall

Wed 10 - 11am (6m - 3yrs)

Wed 11:15am - 12:15pm (6w - 6m)

Mickleover Methodist Church

Fri 10 - 11am (1 - 3yrs)

Fri 11:15am - 12:15pm (6 - 12m)

Fri 12:30 - 1:30pm (6w - 6m)

Baby Sparks creates sensory adventures for babies and children which stimulate, engage and relax through singing, sensory games, instrument play, sensory play, lights and bubbles. The perfect class to nurture your baby's sensory development. £9 PAYG or cheaper if block booking. Look out for weekend specials. www.babysparks.co.uk/derbywest

Belper Cloth Nappy Library

We have a large range of cloth nappies in all sizes from newborn to toddler available to hire. Come and see us at the monthly Transition Belper Repair Café at No. 28, Belper Marketplace or contact us for more information and advice. belperclothnappylibrary@hotmail.com

Bridge the Gap Family Hub Sessions (0 - 5yrs)

Sinfin Family Hub - Sinfin Lane

Tue 10 - 11:30am

Becket Family Hub - Stockbrook

St. Derby

Thu 10 - 11:30am

Derwent Family Hub - Monmouth

St. Chaddesden

Thu 1:30 - 3pm

Hub Club drop-in. Toys, books and activities for parents and children.

Creative drop-ins. Emotional literacy enriched play and creative activities for babies and young children, plus creative wellbeing activities for parents and carers. Free, no need to book.

Visit the website to find out about Bridge the Gap's full programme or to register for a session.

www.jwbridgethegap.com

Codnor Quackers (0 - 4yrs)

Codnor Sports Club

Fri 9:45 - 11:15am (fortnightly)

Fun, giggles, playing, snacks and singing at the top of our voices.

Snacks for children and a lovely treat and a hot drink for the adults.

£5 for 1 adult and 1 child. £1.50 for additional adult/child. Book:

FB Quackers in Codnor

Infinity Dance Academy (2+)

Brailsford School (Thur)

5 - 5:45pm Splits & Tricks Minis (4+)

5:45 - 6:30pm Splits & Tricks Jnrs (7+)

Brailsford Institute (Sat)

9 - 9:30am Ballet & Tap (2+)

9 - 9:30am Ballet & Tap (3+)

9:30 - 10am Modern (3+)

9:30 - 10am Modern (4+)

10 - 10:30am Ballet & Tap (4+)

10 - 10:30am Ballet & Tap (5+)

10:30 - 11am Modern (5+)

10:30 - 11am Gym Dance (7+)

11am - 12pm Modern (5+)

12 - 12:30pm Freestyle (7+)

12:30 - 1pm Contemporary (7+)

Fun & friendly dance classes for children ages 2+ years. NATD exams, shows and performances.

Other classes available: Tue, Thu and Sat. Prices from £4.50.

www.infinitydanceacademy

brailsford.co.uk/registration-form •

infinitydanceacademy@hotmail.co.uk

k • 07866 443047 • 07505 898616

All Ages

Messy Play Derbyshire East (6m - 5yrs)

Springwood Leisure Centre, Oakwood

Mon 10am

Wed 10am

Sunday Specials - 23/11 & 07/12

Baby and pre-school messy play. £10 per session

www.mymessyplay.co.uk •

claire@mymessyplay.co.uk

Mini Acorns (2 - 5yrs)

Ilam Park

3rd Mon of the month 10:45am - 12:30pm

A morning of nature-based craft, discover and play with a new theme every month. Dress for the weather. Accessible, step-free routes. Meet at the Welcome Hut to sign in and receive your parking pass. Also receive 10% off at the Manifold Tearoom. £5 per child.

Booking essential via Ilam Park website • 03442 491895

Mini First Aid Nottingham & Derby Across Derbyshire including Belper, Clay Cross, Darley Abbey, Matlock and Oakwood

Award winning 2-hour baby and child first aid classes. Ideal for parents and expectant parents. Babies welcome. £30pp. Private classes also available. Check the website for upcoming dates.

www.nottingham.minifirstaid.co.uk • maria@minifirstaid.co.uk • 07806 820393

Phonics with Robot Reg (1 - 4yrs)

Hulland Ward Village Hall

Mon 9:45 - 10:30am (1 - 3yrs)

Mon 10:45 - 11:30am (2.5 - 4yrs)

The Play Village, Ashbourne

Wed 1:30 - 2:15pm (2.5 - 4yrs)

Thu 9:45 - 10:30am (1 - 3yrs)

Thu 10:45 - 11:30am (2.5 - 4yrs)

Fun, high energy and educational sessions for toddlers and preschoolers that support the development of early language and literacy skills. Block bookings - £7 per session.

www.robotreg.co.uk/derbyshire • ali@robotreg.co.uk • 07949 029755

Pregnancy & Post Natal Pilates

Belper Pilates Studio, East Mill

Wed 7:10 - 7:50pm Mat Work

Thu 9:45 - 10:5am Reformer

Fri 10:20 - 11am Reformer

Our physio-led classes are part of the Belper Health Hub.

Most groups are term time only - please check before you travel

0 - 5's

All Ages

Mums and mums-to-be of all levels of fitness will benefit from safe mat or reformer Pilates instruction from trained physiotherapists. Babies are welcome at all sessions.

<https://gymcatch.com/app/provid'er/8824/events> • 07703 116284

Pregnancy Relaxation Classes

Sage Yoga Studio, Belper

Tue 7:30 - 9pm

Pregnancy relaxation class with guided relaxations, affirmations, intention setting, fear release, gentle movement and techniques for an easier birth. £72 for six week block-booking. Book

www.coveandwavedoula.com

Primrose Art Club (4 - 13yrs)

St Mark's Church, Openwoodgate

Wed 4:15 - 5:15pm (4 - 9yrs)

Wed 5:20 - 6:20pm (10 - 13yrs)

Fri 4:15 - 5:15pm (10 - 13yrs)

Fri 5:20 - 6:20pm (4 - 9yrs)

Arts and crafts group sessions where kids can explore their creativity and develop skills.

www.primroseart.club •

primroseartclub@gmail.com • 07387 962150

Puddle Ducks (0 - 10yrs)

Various Derbyshire Venues

Mon - Sun (all lessons 30mins)

You want your child to learn to swim. Let's help them learn the right technique, in the right environment, with the best people. Let's give them the courage to be fearless, make friends, swim strongly and have fun. Then let's see where those skills might take them. Swim Academy. Let's do this. £16.50 per session. www.puddleducks.com • derbyshire@puddleducks.com

SEN-FIT

SEN-FIT Langley Mill

Wed 12/11 Girls with Autism

Workshop

Wed 19/11 Carers Wellbeing

Workshop

Mon 01/12 EFT Tapping Workshop

St Hugh's Church, Borrowash

Fri 4:30 - 6:30pm

Fun activities fostering confidence and friendship. £10 per week. info@sen-fit.co.uk

Splitz Dance Centre (2+)

King Street, Belper

Various classes Mon - Thur and Sat

Sat 9:30 - 10am Tots Ballet

Sat 10 - 10:30am Tots Modern

Sat 10:30 - 11am Tots Tap

£3.50 per class or £9 for all 3

Sat 11 - 11:45am tots acrobatics £4.50 per class.

Fun and friendly dance classes during the week suitable for children and adults. Free trials available.

www.splitzdancecentre.com •

splitzdance@live.co.uk • 07403010116

Taekwondo M&M Academy (4+)

Little Eaton Village Hall

Tue 7 - 8pm (8 - 12yrs)

Sat 9 - 9:45am (4 - 7yrs)

Sat 10 - 11am (8 - 12yrs)

Improve your fitness, flexibility, balance, confidence, discipline and moral values with the Korean martial art, Taekwondo! A great sport for your little ones or even for yourself with our adult classes. £30 per calendar month. First 2 lessons free. Family discounts available.

www.mandm.academy •

admin@mandm.academy •

07818 559309

The Little Baby Sanctuary (0-active crawling)

JL Dance Academy, Ripley

Wed 10:30 - 11:30am Baby Massage

Wed 1 - 2pm Baby Yoga

Sage Yoga Studio, Belper

Thu 10:30 - 11:30am Baby Yoga

Thu 1 - 2pm Baby Massage

Anna Michelle's School of Dance, Darley Abbey

Fri 10:30 - 11:30am Baby Massage

Fri 1 - 2pm Baby Yoga

Gentle, interactive strokes and movement supporting common ailments, concerns and baby milestones with Nicky, qualified NNEB nursery nurse, baby massage and baby yoga instructor. www.thelittlebabysanctuary.co.uk • 07739 551379

Tiddlekicks (0 - 5yrs)

Deby Arena, Pride Park

Mon 9:35am (2 - 4yrs)

Mon 10:20am (crawling - 2yrs)

Vanessa's School of Dance, Belper

Wed 9:30 (walking - 4yrs)

Ripley Leisure Centre, Ripley

Sat 8:20am (walking - 4yrs)

Sat 9:05am (1 - 3yrs)

Sat 9:55am (3 - 5yrs)

William Gregg VC, Heanor

Sat 11am (walking - 5yrs)

Introducing boys and girls to the fundamentals of football in our 40-minute structured, coach-led sessions. £6.50 per session. 3-week trial recommended. Also running in Derby City, Oakwood, Stapleford, Hilton and Stenson Fields. Book Online www.tiddlekicks.co.uk • tiddlekicks@outlook.com • 07545 051465

Tiny Talk (0 - 4yrs)

St John's Methodist Church, Allestree

Mon 9:45 - 10:45am (0 - 2yrs)

Mon 11:15am - 12:15pm (18m - 3yrs)

The Church on Oakwood

Tue 9:45 - 10:45am (18m - 3yrs)

Tue 11:15am - 12:15pm (0 - 2 yrs)

www.tinytalk.co.uk/emilyreeve • bookwhen.com/tinytalkderbynor th

St Mark's Church,

Openwoodgate, Belper

Tue 10 - 11am (18m - 3yrs)

Tue 11:30am - 12:30pm (0 - 18m)

Tue 1 - 2pm (0 - 18m)

Fri 10 - 11am (18m - 3yrs)

Fri 11:30am - 12:30pm (0 - 18m)

www.tinytalk.co.uk/kathgreaves

bookwhen.com/tinytalkdc

Communicate with your baby before they can speak! At TinyTalk we sign, bounce and giggle through each class, while you learn a handful of useful BSL signs with action songs, stories and familiar nursery rhymes. Enjoy social time and a nice hot cuppa and biscuits after every class.

Twistin Tots (0 - 5yrs)

Belper Community Hall

Mon 9.45 - 11.30am (stay & play)

Tue 9.45 - 10.45am

Arc Leisure Centre, Matlock

Wed 9.45 - 10.45am

Darley Abbey Village Hall

Thu 9.45 - 11.30am (stay & play)

Magical music and movement classes for under 5s and their grown-ups. Weekly or block bookings. Book online:

www.happyty.co.uk/twistin-tots-twistin-tinies/0-5-years •

jacqui@twistintots.co.uk • 07977 578359

**Please mention boom when
visiting or showcasing
classes & group visits**

Groups & Classes for 0-11s

Amber Valley, Ashbourne, Wirksworth, Matlock & Beyond...

All Ages

Under £4 or FREE

Vanessa's School of Dance (2 - 18yrs)

Vanessa's School of Dance, Belper

Mon to Thu 4pm onwards and Sat 8:45am - 6:30pm (see timetable for more classes)

Ballet, tap, modern, contemporary, musical theatre, singing, acrobatics and street dance. Adult classes offered in tap, ballet & fitness.

www.vsdance.co.uk

01773 823309 • 07581 228557

Baby and Me (0 - 1yrs)

Ripley Methodist Church

Thur 9:30 - 11am

Meet others in a safe environment, as you interact in your little ones early development through play. A large variety of baby toys to explore and larger toys for when they start crawling and taking those first steps. Messy play sessions approx every 6 weeks.

£2.50 per family, includes a hot drink and biscuit. To book email paulinefretwellhps@gmail.com

B.E.A.R.S. Breastfeeding Support Group

Infinite Wellbeing, Heanor

Tue 9:30 - 11am

Alfreton Library

2nd Mon of the month 12 - 1pm

St Mark's Church,

Openwoodgate

Fri 1 - 2:30pm

Refreshments, social and breastfeeding support with a chance to meet other parents! Older siblings very welcome. Please check the BEARS FB page before you set out. For urgent support, call BEARS on 07776 495900 or FB messenger.

Connected Perinatal Support

Beckett Family Hub, Derby

Mon 10 - 11:30am Bump to Babies (bump - 2yrs)

Normanton Library, Derby

Mon 3 - 4pm Bump, Babies & Books (bump - 5yrs)

Insomnia Cafe, Littleover, Derby

Last Mon of month 4:30 - 6:30pm
Pregnancy Connections (antenatal - 12wks)

NICU, Derby Royal Hospital

Tue 1 - 2pm Coffee Afternoon
(families on the ward only)

Osmaston Allenton Family Hub

Wed 12:30 - 2pm Tea & Tots (bump - 5yrs)

Oakleigh Avenue Community Room, Derby

Thur 10am - 12pm Bump to Babies (bump - 2yrs)

Derwent Family Hub, Derby

Thur 10am - 12pm Dads Space

Racecourse, St Mark's Road, Derby

Thur 7 - 9pm Dads Space

Melbourne Supporting Partnership, Melbourne

Fri 10:30am - 12pm Bump to Babies (bump - 2yrs)

Expect a warm welcome, non-judgmental peer support and a nice cuppa! Free, no need to book.

www.perinatalsupport.org •

admin@perinatalsupport.org.uk • 01332

412561 • message on 07719 064014

Denby Bottles Messy Church

Denby Bottles Methodist Church

3rd Sun of the month 10:15am

Crafts, food, music and worship. No need to book.

Derbyshire Dales Mum2Mum

Breastfeeding Support Group

Hulland Ward Millennium Hall

3rd Wed of the month 10 - 11:30am (at Hulland Hippos)

Wirksworth Memorial Hall

1st Thu of the month 9:45 - 11:5am (at Wirksworth Stay and Play)

Ashbourne Elim Church

Fri 10 - 11:30am (weekly)

Free drop-in sessions run by local mums trained in peer support. Part of the Breastfeeding Network. All welcome.

Derbyshire Toy Libraries Stay & Play

Glebe Field Centre, Crich

Mon 9:30 - 11am

Grassmoor Community Centre

Tue 9:30 - 11am

Belper Community Hall

Wed 9:30 - 11am

Kilburn Village Hall

Thur 9:30 - 11am

Price varies from £3 - £4.

Additional siblings/adults £1, under 6m go free.

www.derbyshiretoylibraries.org

Heanor Weenies

Wilnot Street Centre, Heanor

Wed 10am - 12pm

Structured play that is fun whilst offering a great support network for parents and guardians.

Includes snacks for children and a hot drink for adults.

£3 for first child, £1.50 per extra child, £1.50 for unweaned babies. First visit only £1.50. No need to book. heanorweenies@outlook.com

Holbrook Baby and Toddler Group

Holbrook Methodist Church

Wed 9 - 11am

A fun and friendly group for babies and pre-school children and their parents, grandparents or carers. Play and make new friends in a safe and welcoming environment. £2 per child. No need to book.

Hulland Hippos Baby & Toddler Group (0 - 4yrs)

Hulland Ward Millennium Hall

Wed 10 - 11:30am

A range of stimulating play activities for under 5s, including a baby area. Snacks and drinks. Songs and a story at the end. Busy, friendly group. New families welcome. £3 per family. No booking required.

www.hullandchurches.org.uk/group/hulland-hippos or FB

Infinite Wellbeing Community Centre

Market Street, Heanor

Mon 10am Rhyme Time

Mon 12pm Messy Play*

Mon 11:30pm Zumbini (dance)*

Tue 1pm Rhyme Time

Wed 10am Children's Cooking*

Wed 1pm Rhyme Time

Thu 1pm Rhyme Time

Fri 10am Rhyme Time

Fri 11:30am Mini Movers*

Fri 1:30pm Nature Tots*

Mon to Fri 9am - 3pm

Sat & Sun 10am - 3pm

Role play area for children with a dedicated baby and sensory area. £3 per family. Booking not required. *Additional cost but includes FREE entry into the role play area.

www.infinite-wellbeing.co.uk

Kilburn Baby & Toddler Drop-In Kilburn Village Hall

Sun 9.30 - 11.30am (fortnightly)

Welcoming all families, babies and toddlers to our play, colouring, reading & sensory areas.

If you wish to advertise or be listed in our listing contact us - advertising@boommagazine.co.uk

Under £4 or free

Drinks provided.
kilburnbaby@gmail.com • 07877
356262 • FB [KilburnBabyAndToddlers](#)

Little Church (0 - 5yrs)

St Peter's Church, Belper

Wed 10am - 12pm

£1 per family

office@stpetersparishbelper.org.uk

Little Springs (0 - 5yrs)

Wellspring Church, Wirksworth

Tue 9:30 - 11am

Stay and play with your little one and enjoy making friends and learning together. We have toys, crafts, dressing-up, story time and songs. Suggested donation £2 which includes refreshments - real coffee, homemade cake and healthy snacks.

contact@wellspringchurchwirksworth.co.uk - FB Little Springs at Wellspring Church

Messy Church (all ages)

St Swithun's Church, Belper

2nd Sat of the month 4 - 6pm (donation)

St Mark's Church, Belper

4th Sat of the month 4 - 6pm (donation)

office@stpetersparishbelper.org.uk

Move Me (0 - 5yrs)

Becket Family Hub

Tue 1:30 - 3pm

01332 640250

Derwent Family Hub

Wed 9:30 - 11am

01332 641010

Osmaston / Allenton Family Hub

Thu 1 - 2:30pm

01332 956850

Derby Theatre

21/11 & 12/12

10 - 11:30am

01332 593939

Play, dance and move with your little ones, in this active early years sensory experience. FREE session. Contact Derby City Family Hubs to book or email earlyyears@derby.ac.uk for more information.

NCT Bumps and Babies (0 - 5yrs)

West End Community Centre

Tue 10am - 12pm

Open all year round for anyone pregnant or parents/carers of pre-school age children.

Hot and cold refreshments and biscuits always available. Free parking. Suggested donation £2.
clairebrassington.nct@hotmail.co.uk

Prams & First Shoes (0 - 2.5yrs)

St Mark's Church,

Openwoodgate

Thu 9.30am - 12pm

01772 826519

SEN-Fit Support Sessions

SEN-Fit, Langley Mill

SEND Parent/Carer Support Group

1st Wed of the month 9:30 - 11am

Active Carers Group

2nd Thur of the month 6:30 - 8pm

Neurodiverse Adults Social Group

4th Thur of the month 6:30 - 8pm

SEND Support Sessions

1:1 sessions available

Under 5a Stay & Play

Infinite Wellbeing, Heanor

2nd Wed of month 9:30 - 11am

FREE role play entry included

All sessions are FREE to attend but booking is required.

info@sen-fit.co.uk

Stay and Play

Marehay Methodist Church

Wed 9:30 - 11am

Waingroves Methodist Church

Wed 1:15 - 2:45pm

Free play, craft & messy play, music and singing, themed activities.

£2.50 per family, includes snack for children and drink for parents/carers. Turn up or email paulinefretwellhps@gmail.com

Stay and Play

Holbrook Moor Methodist Church

Wed 9 - 11am

A friendly welcoming group for 0 - 5yrs, lots of time to play followed by a snack, craft, a story and rhyme time. £2 per child, no need to book.

Toddlers Inc (0 - 5yrs)

Denby Bottles Methodist Church

Tue 10am - 12pm

Lots of toys for all ages, finishing with a song and rhyme time. 50p per child. Includes a snack and drink for all.

Tots Dots Playgroup

The Royal British Legion, Belper

Thu 10am - 12pm

Drop-in meet-up for parents, carers, babies and toddlers. Prams, snacks and chaos welcome! £2 per family. No booking required.

Tinies & Teacups (0 - 18m)

Belper Community Hall

Tue 11am - 1pm

A chance to meet other parents, chat, enjoy a hot/cold drink. Baby weigh-in and measurements. Sensory music session for 30 minutes. PAYG or turn up any time £4.50 for 1 baby and 1 adult; £2.50 extra adult/expectant parent. Book 4 weeks for £14.
www.happity.co.uk/twistin-tots-twistin-tinies/tinies-and-teacups • 07977 578359

Whistlestop Wildlife Watch

Group (5 - 11yrs)

Eastern Moors

Meeting point will be confirmed via email.

Sun 16 Nov 10am - 12pm Practical

conservation: sphagnum moss

Whistlestop Centre, Matlock Bath

Sun 14 Dec 10am - 12pm Winter

Celebration

Monthly wildlife-themed activities at a different nature reserve/wild space in central and north-east Derbyshire or at the Matlock base. £2.50 for one child; siblings 50p extra. Children must be accompanied by an adult.

Meeting points confirmed via email.

Booking essential

whistlestop_watch@yahoo.com

Wirksworth Stay and Play Baby &

Toddler Group (0 - 5yrs)

Memorial Hall, Wirksworth

Thu 9:45 - 11:5am

Volunteer-run playgroup with sensory play, a wide range of toys, and themed creative activities.

No booking required. Includes snack for the children. Drinks and biscuits for the adults. 0-6m £2; 6m+ £4 per family. More info on FB

Yellow Daisies Stay & Play (0 - 5yrs)

The Village Hall, Heage

Mon & Wed 9 - 11am play group

Tue 9 - 11am messy play

£3.50

Includes snack and drink plus hot drinks for adults.

yellowdaisies72@gmail.com

**DERBYSHIRE FAMILY
HEALTH SERVICES
01246 515100**



Libraries - FREE

Alfreton Library

Monday 11 - 11:30am
Story Time

Alvaston Library

Tuesday 11 - 11:30am
Story & Rhyme Time

Ashbourne Library

Tuesday 10:15 - 10:45am
Rhyme Time

Bakewell Library

Tuesday 10:30 - 11am
Story & Rhyme Time

Belper Library

Wednesday 11 - 11:30am
Story & Rhyme Time

Bolsover Library

Monday 10 - 10:30am
Story & Rhyme Time

Brimington Library

Tuesday 10:30 - 11am
Bounce & Rhyme Time

Chesterfield Library

Monday 9:30 - 10am
Baby Rhyme Time
Monday 11 - 11:30am
Toddler Rhyme Time

Clay Cross Library

Tuesday 10:30 - 11am
Story & Rhyme Time

Dronfield Library

Wednesday 10:30 - 11:10am
Story & Rhyme Time
One adult per family

Eckington Library

Friday 10:30 - 11:15am
Story & Rhyme Time

Etwall Library

Thursday 3 - 3:30pm
Story & Rhyme Time



Glossop Library

Tuesday & Friday 10:30 - 11am
Story & Rhyme Time

Heanor Library

Monday (fortnightly) 2 - 2:30pm
Story & Rhyme Time
Thursday 11 - 11:30am
Story & Rhyme Time

Holmewood Library

Thursday 10:30 - 11am
Rhyme Time

Ilkeston Library

Wednesday 10 - 10:30am
Rhyme Time

Long Eaton Library

Wednesday 11 - 11:30am
Story & Rhyme Time

Mansfield Central Library

Wednesday 10 - 10:30am
Baby Rattle, Rhyme & Roll
Under 1 years old.
Second Saturday of the month
11am - 1pm
Children's Craft Sessions
Fourth Saturday of the month
11am - 1pm
Lego Club (4+ years)

Matlock Library

Thursday 10:30 - 11am
Story & Rhyme Time

Mickleover Library

Tuesday, Thursday & Friday
11 - 11:30am
Rhyme Time
Booking is essential -
01332 647884

Newbold Library

Tuesday 10:30 - 11am
Story & Rhyme Time

New Mills Library

Friday 2:15 - 2:45pm
Rhyme Time

Normanton Library

Monday 2:30 - 3pm
Rhyme Time
Friday 2 - 2:30pm
Story Time

Ripley Library

Tuesday 10 - 10:30am
Rhyme Time

Riverside Library

Monday 11 - 11:30am
Rhyme Time
Wednesday 11 - 11:30am
Story Time
Friday 11 - 11:30am
Rhyme Time

Sandiacre Library

Tuesday 10:30 - 11:15am
Rhyme Time

Shirebrook Library

Tuesday Bookworms
3:40 - 4:15pm
Stories & Crafts
(4 - 8 years)
Friday 10 - 10:30am
Story & Rhyme Time

South Normanton Library

Friday 10:30 - 11am
Story Time



Staveley Library

Monday Bookworms 5 - 6pm
Stories & Crafts
4 + years
Monday 10:30 - 11am
Rhyme Time

Swadlincote Library

Thursday 10 - 10:30am
Rhyme Time
First Saturday of the month 10 - Midday
Family Lego Challenge

Tideswell Library

Monday 2:45 - 3:15pm
Story & Rhyme Time

Whaley Bridge Library

Friday 11 - 11:30am
Story & Rhyme Time

Wirksworth Library

Third Thursday of the month 2 - 2:45pm
Children's Singalong



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information online at
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World Prematurity Day: Our Story

Written by : Elle Watkiss, Boom Buddy Mum



Every year, on the 17th November, World Prematurity Day shines a light on babies who arrive too soon. A baby is classed as premature if they're born before 37 weeks, in the UK that's around 1 in 13. For us, this isn't just a date, it's a reminder of our daughter's beginning, and a world we knew nothing about until we were suddenly living it.

Our daughter arrived unexpectedly at just 30 weeks, weighing 3lbs 8oz. Nothing could have prepared us for what followed. Instead of the first cuddle we had imagined, a team of specialists were waiting to take her straight to the Neonatal Intensive Care Unit (NICU). She was whisked away before we'd even processed what had just happened, and we faced an agonised wait to hear if she was okay and finally see her.

The NICU is a place people don't know much about, until they need it. Seeing our tiny baby in an incubator for the first time, surrounded by wires, tubes, monitors beeping and her eyes covered to protect them from the UV lights for jaundice, was overwhelming. She looked so fragile. We had to ask before holding her, and only for short periods before she needed to go back into the incubator to stabilise her temperature. We learnt to care for her differently: changing nappies through the holes in the incubator, taking her temperature, changing monitor wires, and feeding her through a tube. Babies born before 34 weeks can't coordinate sucking and swallowing, so breast or bottle feeding wasn't possible until she reached that stage.

Lily at only one day old -
The Watkiss Family



Bliss
for babies born
premature or sick

Those first weeks were filled with fear, but also milestones that felt huge. Seeing her eyes properly for the first time once her mask was removed, choosing her first tiny outfit, moving from the incubator into a cot, and finally becoming wire-free. The NICU staff were incredible. They didn't just care for our baby; they cared for us too. They guided us through the medical environment, reassured us through setbacks, and celebrated every little step forward.

We were fortunate that we were able to bring Lily home after just four weeks. Many babies stay in NICU until their due date, and some face far longer journeys. But prematurity doesn't end when the babies leave hospital. Premature babies are more vulnerable to illness, something we're experiencing now as Lily starts nursery. Their development is measured differently too, milestones are tracked from their due date, not their birth date, to give them time to catch up. Life after NICU also means ongoing hospital appointments and follow-up checks.

Today, Lily is thriving, and you'd never guess how fragile her start in life was. But those early weeks showed us the strength of premature babies, the challenges for families, and the incredible dedication of NICU teams.

We've been supported by two amazing charities since Lily was born, and we're now fundraising for both so they can continue helping families like ours.

- **Friends of the Baby Unit is a local charity supporting Derby's NICU. They fund vital equipment, such as incubators, and also provide wellbeing support for families.**

- **Bliss is a UK-wide charity dedicated to giving every baby born premature or sick the best possible start. Their recent campaign secured 12 weeks' paid leave for parents with babies in NICU, a change that makes a huge difference for families.**



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DID YOU KNOW?

Fireworks are exciting, but they **can be very dangerous**.
Listen to your grown-up about where is a safe place to stand.



SPARKLERS



TIP #1

Keep your sparkly sparkler safely away from other people and don't run with them.



TIP #2

Once sparklers are finished, put them into a bucket of water, don't pick them back up.



TIP #3

Wear your gloves when you hold sparklers and keep them away from your body.



BONFIRES



TIP #4

Stand at a safe distance from the bonfire and stay close to the grown-ups.



TIP #5

Don't be tempted to throw things into the bonfire or poke at it with sticks.

FIREWORKS



TIP #7

If you're going to a firework display, hold hands with your grown-up and stay with them all the time.



TIP #6

Leave your dressing up clothes at home on fireworks night, wrap up warm instead.



TIP #8

Put toys and phones away when you're out and about so you can focus on keeping safe and having fun!

DON'T PANIC...

If you do catch your clothes on a flame:

STOP, DROP and ROLL

STOP what you are doing.

DROP to the ground and cover your face with your hands.

ROLL over and over to put out the flames.



Practice your **STOP, DROP and ROLL** before bonfire night. Get your friends to try it too!



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Feeling Pressured with the Christmas Budget? Here's How to Save and Stay Sane

Written by : Rebecca Marshall

Mum of One, Business Owner & Accountant of Strive Business Limited



Christmas is often called “the most wonderful time of the year,” but let’s be honest—it can also be the most financially demanding. As a mum of one, running two businesses and managing a household, I understand how quickly festive spending can get out of hand. Between buying gifts, filling the fridge, decorating the house, and keeping the kids entertained, the pressure to make it all perfect can really pile on.

If you’re feeling overwhelmed by the costs this year, know that you’re not alone. The good news? With a bit of planning and a few savvy strategies, you can take back control of your Christmas budget—without sacrificing the festive magic.

1. Set a Realistic Budget

Start by creating a clear, realistic budget. Factor in everything: presents, food, travel, school events, wrapping paper, and any other festive extras. Once you’ve got your total, break it down into categories and allocate spending limits for each.

Tip: Use a spreadsheet or budgeting app to keep track of your spending. If possible, set up a separate savings account and contribute to it throughout the year to ease the burden come December.

2. Shop Smarter

Planning ahead is key. Start early to avoid last-minute panic buying, which often leads to overspending. Look for discount codes, take advantage of cashback sites like Quidco, and browse second-hand platforms like Vinted and Facebook Marketplace for great finds.

You could also:

- Shop during Black Friday or early sales
- Create homemade gifts—they’re thoughtful, affordable, and especially lovely when made by the kids!

3. Trim the Gift List

It’s okay to say “enough.” Suggest a Secret Santa within your extended family or agree to a spending cap. Fewer, more meaningful gifts can make a bigger impact. Kids, in particular, value time and memories over piles of presents.

4. Make Memories, Not Debt

Some of our best Christmas memories cost next to nothing—like watching festive films in PJs, baking gingerbread, or going for a walk to see the Christmas lights. These simple, cosy traditions often mean more than anything wrapped in paper.

5. Budget Your Christmas Dinner

A delicious festive meal doesn’t need to break the bank. Plan your menu, shop with a list, and look out for deals. Frozen options are often just as tasty and cheaper too. If you’re hosting, ask guests to bring a dish—it spreads the cost and makes it a team effort.

6. Avoid a New Year Debt Hangover

Where possible, steer clear of credit. If you do need to borrow, use a 0% interest credit card and have a clear repayment plan in place. Remember, the heart of Christmas is family and connection—not how much you spend.

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Wishing you and your family a joyful, budget-friendly Christmas!



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Belper, Derbyshire

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Contact & Order through Facebook -

[BuntingByAnna](https://www.facebook.com/BuntingByAnna)

Christmas Order Deadline - 05/12/25

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Marehay, Derbyshire

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Contact & Order through Instagram or Facebook - Laurendoeschalksigns

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Cheap Candle Company

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Price Range: £5 to £22

Order through website -

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Nottinghamshire

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Christmas Order Deadline - 15/12/25

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Christmas Order Deadline - 10/12/25

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Sylvie - By Jess

South Normanton

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Price Range: £5 to £65

Contact & Order through Instagram - sylvie.uk

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Snarki Studios - By Elysse

Derby

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Christmas Order Deadline - 19/12/25

BOOM READER PERK : 15% off entire order with code 'BOOM15'



Pegbert by Katie Wood

Chesterfield, Derbyshire

Hand painted Peg Dolls and Gifts

Price Range: From £8

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Christmas Order Deadline - November

BOOM READER PERK : Free gift wrapping with every order



Knotted By Abbey

Ripley, Derbyshire

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Events - November 2025

Events happening locally for all ages!

Derbyshire, Nottinghamshire & Everywhere in-between



We've searched far and wide to find this fantastic range of family activities and events - there's something for everyone! (We hope). Inevitably, more half term events will be showcased closer to the time on our socials, so keep an eye out for our 'What's On' post nearer the time. This can be found online at

www.boommagazine.co.uk or on our socials.

Codnor Community Bonfire & Fireworks to Music Extravaganza
FREE

Codnor Recreation Ground
Fri 07 Nov 6 - 10pm

Children's Halloween Party **FREE**
Marquis Pub
Sat 01 Nov 12 - 3pm
Party games, DJ, Fancy Dress, Party Dances & Meet & Greet with Deadpool

Heanor Community Fair **FREE**
St Lawrence Church, Heanor
Sat 01 Nov 9am - 12pm
The place for local small businesses & crafters to sell their products.

Belper Fun Fair
Coppice Car Park
Thu 30 Oct - Sat 01 Nov
Get ready for a whirlwind of fun, food, and fantastic rides!

West Park Fireworks Night
West Park, Long Eaton
Wed 05 Nov
Join us for a night the whole family can enjoy! Booking is REQUIRED

Heanor Community Fair **FREE**
St Lawrence Church, Heanor
Sat 06 Nov 9am - 12pm
Heanor Community Fair is the place for local small businesses & crafters to sell their products.

Derby RFC Fireworks
Derby Rugby Football Club
Fri 07 Nov 5:30 - 9:00 pm
Spectacular Firework Display
Glow Stall, Fully Stocked, Licensed Bars, Hot Food and Drinks.
Fireworks Display from 7:45pm.
Booking Required

Tramlight at Crich Tramway Village
Crich Tramway Village
Sat 08 Nov - Sun 09 Nov
The Tramway Village turns magical by Tramlight as the darkness falls and you can take tram rides in the dark. Entertainment and characters bring the museum to life for an enchanted experience for the whole family. Please note the opening hours vary on each date

Belper Farmers Market **FREE**
Belper Market Place
Sat 08 Nov 8:30am
Held on Belper's historic Market Place with a selection of local food producers, local wood and woollen crafts, this is a quality market showcasing fine foods and goods from around the County

Chesterfield Charity Craft Fair **FREE**
Chesterfield Community Fire Station
Sat 08 Nov 10am - 2pm
This is a community event, combining of local artisans and displaying homemade goods. There will be lots of stalls and lots of things to see and o. The fire appliance will be there and there will be a chance to speak to the crew. A Santa's grotto and cake, hot drinks and more. Raising money for the firefighters charity and the Air Ambulance - two great charities that really need supporting. Come along and join in the fun.

The Polar Express at Churnet Valley Railway
Froghall Bridge, ST10 2HA
Sat 08 Nov - Sun 23 Dec
Your journey begins at Froghall Station on the Churnet Valley Railway in Staffordshire, where we invite you to hop on board THE POLAR EXPRESS™ Train Ride that takes you on a magical journey to the North Pole.

Annual Insect Show 2025 **FREE**
NTU Brackenhurst
Sat 08 Nov
Come and join this celebration of insects hosted by Derbyshire and Nottinghamshire Entomological Society (DaNES). A variety of wildlife conservation and natural history organisations will have stands with something for all ages - interactive displays, live exhibits and fascinating talks! See the DaNES website or Facebook page for more info.

Belper in War Time in Walk Memorial Gardens
Sat 08 Nov 11am - 12:30pm
The wars brought huge movements of people, enormous demands on industry, and social upheaval that touched every corner of life. On this walking tour, you'll uncover the places where these dramatic changes shaped our town, hear fascinating stories of courage, resilience, and transformation, and see history come alive around every corner. Tickets: Adults £7.50 (plus online booking fee) Under 16s go free

Christmas at Chatsworth
Chatsworth House
Sat 08 Nov - 04 Jan 2026
Experience the magic of Christmas at Chatsworth, with a decorated house, garden light trail, and seasonal crafts and activities at the farmyard. Booking required. the market closes on 14 December

Belper Remembrance Parade **FREE**
Belper Town Centre
Sun 09 Nov 10:00am
Join the community as they honour and remember those who served at the Belper Remembrance Parade. Leaving from Memorial Gardens to St Peter's Church for a service. Please see Belper Town Councils Facebook page for the specific times closer to the date.

Are you hosting an event?
Get in touch!



Remembrance Parade FREE

Ripley

Sun 9 Nov 10:30am

Join the community as they honour and remember those who served at the Ripley Remembrance Parade. Leaving from the Co-Op Car Park, then All Saints Church for a service and finally Market Place. Please see Ripley Town Councils Facebook page for the specific times closer to the date.

Belper Armistice Day FREE

Memorial Gardens, Belper

Tue 11 Nov 10:45am

Mercatum Christmas Artisan

Markets at Haddon Hall

Haddon Hall

Wed 12 Nov – 14th Dec

Experience the true magic of Christmas at Haddon Hall's renowned Mercatum—the enchanting artisan market that deserves a spot on your festive bucket list. Over 180 talented artisans and makers will showcase their work, creating a luxurious Christmas shopping experience. You'll find a diverse range of crafts.

Bakewell Christmas Market

Market Street DE45 1HA

Sat 15 Nov – Sun 16 Nov 9am – 5pm

Join us at our Bakewell Christmas Market Weekend and browse through our incredible selection of festive stalls, delicious food and drink and not forgetting the vast selection of entertainment we have planned over the weekend. There will be over 100 stalls, gazebos and trailers in our beautiful historic market town.

Winter Food and Gift Fair FREE

Belper Town Centre

Sun 16 Nov 10am – 4pm

Held across the town centre. Go along and enjoy a range of food from local producers, taste a huge range of products on sale, it's a perfect day out for food lovers.

Hardwick Wintertide

Chesterfield Town

Mon 17 Nov – Sun 4 Jan

11am – 3pm

Family Fun Events in Chesterfield

Kimberley Light Switch On

Toll Bar Square, Kimberley

Fri 21 Nov 5 – 9pm

Join us for a night the whole family can enjoy! Light switch on 7pm

Bolsover Lights Switch On FREE

Bolsover

Fri 21 Nov 4 – 8pm

Join us to see the town light up! Plus fill your bags with late-night shopping at the same time and make a day of it. Official lights switch-on at 7.30pm.

Lights of Abraham

The Heights of Abraham, DE4

3NT

Fri 21 Nov – Tue 30 Dec

4:30 – 9pm

This winter, experience the Heights of Abraham in a brand new light as we present our stunning light trail. Make your way down the festoon-lit riverside walkway before arriving at the base station to board your gondola and take a moonlit cable car flight across the river and above an avenue of colour.

Ripley Christmas Market & Lights FREE

Ripley Market Place

Sun 23 Nov 12pm onwards

Get ready for a magical day as Ripley transforms into a winter wonderland for the Christmas market & light switch on! Enjoy festival stalls, live entertainment, funfair rides, and the lights switch-on countdown! Please see Ripley Town Councils Facebook page for the specific times closer to the date.

Relaxed Santa Experience

Matlock Farm Park

Sat 23 & Sun 29 Nov

Matlock Farm Park's Relaxed Santa Experience offers a calmer, longer experience at a pace suited to you for a most memorable encounter. Booking required, tickets include entry into the farm.

Long Eaton Christmas Lights

Thur 27 Nov

Please check Erewash Council Events closer to the time for more information

Ilkeston Christmas Lights

Fri 28 Nov

Please check Erewash Council Events closer to the time for more information

**Please mention Boom
when responding to or
visiting events**

Cathedral Quarter Ice Rink

Derby Market Place

Sat 29 Nov – Wed 31 Dec

Get your skates on and glide onto this year's ice rink! Whether you're an ice-skating pro or just finding your feet, join us on the Ice Rink for the perfect way to embrace the Christmas spirit. Skaters of all ages and abilities are welcome to enjoy hour-long sessions, with skate hire included in the price. For those who need a little extra stability, free skate aids will be available. Whizz into the festive spirit this Christmas.

Bolsover Christmas Market and Lantern Parade

Bolsover Castle

Fri 29 Nov

There are stalls in the Town Centre, including Cavendish Walk and at the Assembly Rooms. There's a fairground, Food & Drink Stalls, Rodeo Reindeer & much more.

Santa's Enchanted Journey at

Ecclesbourne Valley Railway

Ecclesbourne Valley Railway

Sat 29 Nov – Wed 24 Dec

Santa's Enchanted Journey – a festive steam ride for all the family to enjoy

Alfreton Christmas Lights FREE

Alfreton

Sun 29 Nov 12 – 6pm

In and around town all day. Light Switch on 5:30pm

Belper Christmas Lights FREE

Memorial Gardens

Sun 30 Nov from 3:30pm

Join Belper Town Council as they light up Belper and kick off the festive season in style! Light Switch on in the Memorial Gardens at 5pm with DJ Alex

Mickleover Christmas Festival FREE

Mickleover Village & The Square

Sun 30 Nov 3 – 6:30pm

Christmas Light Switch on the event will be jammed full of Santa & character visits along with funfair rides, festive stalls & DJ Austin Powerz



Events - Decmeber 2025

Events happening locally for all ages!

Derbyshire, Nottinghamshire & Everywhere in-between



We've searched far and wide to find this fantastic range of family activities and events - there's something for everyone! (We hope). Inevitably, more half term events will be showcased closer to the time on our socials, so keep an eye out for our 'What's On' post nearer the time. This can be found online at www.boommagazine.co.uk or on our socials.

The Matlock Farm Park Christmas Experience!

Matlock Farm Park

Sun 30 Nov - Tue 23 Dec

Santa and his Elves will be bringing delights from the North Pole to thoroughly entertain you as you go through your Christmas experience. Pre-book only, tickets include entry into the farm.

Christmas at Clumber Park

Clumber Park

Sat 22 Nov - Sun 4 Jan

Events throughout the festive season to enjoy for all the family! There's so much to enjoy this festive season at Clumber Park, with a wide range of events and activities for children and adults of all ages. So, wrap up warm and get out your Christmas jumper, it's time to celebrate and make some memories. The Elf on the Shelf @ comes to Clumber. We're delighted to announce that this treasured family Christmas tradition has been turned into a magical trail for the very first time.

Midland Railway - Santa Special Trains

Butterley Station, DE5 3QZ

Sat 29 Nov - Wed 24 Dec

Sit back & let us get you into the Christmas spirit with our Santa special event. Santa visits each child down the train as you set off from Butterley Station, of course followed by his elves.

Nether Heage Christmas Market & Lantern Trail

Nether Heage, DE56 2AP

Thur 04 Dec - Sat 06 Dec

Spread over 3 venues and each venue is linked with our magical lantern trail to light the way.

Breakfast with Santa!

Matlock Farm Park

Every Sat & Sun in Dec until the 21 Dec

Make Christmas extra special for your children this year with our magical Breakfast with Santa event! Your day will start with a group welcome from Santa and a delicious breakfast. The Big Man in Red will come along to visit your family during breakfast and knowing the names and interests of the children in your party, have a lovely chat all about them and their Christmas wishes. Santa will have his BIG sack of gifts with him and he will provide a gift 'specially labelled for your young loved one. There will also be a story time with Santa's Sister! Booking Required

The Little Mermaid

Nottingham Playhouse

Thur 04 Dec - Sat 03 Jan

An underwater adventure awaits! Dive into a world of magic and music with our adventurous mermaid and her sea creature friends. The little mermaid dreams of a life on the land but finds herself out of her depth when her dreams finally come true. Specially created for children ages 3-8, this brand-new version of a family favourite is the perfect introduction to live theatre and a fin-tastic festive treat. The Little Mermaid will be touring to schools and community venues in January 2026. If you are interested in having a performance of the show, email: participation@nottinghamplayhouse.co.uk for more information.

Matlock Victorian Christmas Market FREE

Hall Leys Park

Fri 05 Dec - Sun 07 Dec

Fun for All - with entertainment for the whole family, from festive performances to fun fair rides, there's something for everyone.

Dick Whittington

Derby Arena

Fri 05 Dec - Wed 31 Dec

This Christmas join Dick Whittington on his search for fame and fortune as he sets off for London where the streets are paved with gold, or are they? It's going to take some help from Fairy Bow Bells and his trusty cat, if he's going so stop a rather repellent rat from taking over the world! Get your tickets now, it's going to be paw-some!

Home Alone in Concert

Royal Concert Hall

Fri 05 Dec

A true Christmas favourite, this beloved comedy classic features renowned composer John Williams' charming and delightful score performed live to picture by the International Film Orchestra. Macaulay Culkin stars as Kevin McCallister, an 8-year-old boy who's accidentally left behind when his family leaves for Christmas vacation, and who must defend his home against two bungling thieves. Nominated for two Academy Awards® for Best Original Score and Best Original Song (Somewhere in My Memory), Home Alone is hilarious, heart-warming festive fun for the entire family!

All events are correct at time of print - please check before visiting in case of cancellations



Christmas Family Festivities at Markeaton Park

Markeaton Park

Sat 06 Dec - Sun 07 Dec

The annual Christmas extravaganza features live music, family festive activities, walkabout characters, a craft fair and a bustling outdoor market. Family Festivities at Markeaton Park provides the whole family with the opportunity to buy cards, gifts, decorations and much more in the wonderfully unique Markeaton Park Craft units plus, the outdoor and indoor craft market in the Community Centre. Enjoy festive food from The Orangery, see our festive walkabout characters, or post your [printable letter](#) to Father Christmas at the Markeaton North Pole post box.

Breakfast with Santa at Renishaw Hall

Renishaw Hall

Sat 06 Dec / Sun 07 Dec & Sat 13 Dec / Sun 14 Dec

The already-stunning Renishaw Hall lends itself to the festive period and is the perfect canvas for seasonal dressing. Enjoy a delicious full English breakfast with Santa and his friends, take pictures, chat with Santa and receive a gift for the children. Wrap up warm and explore our award winning gardens at winter time to enhance your visit and further experience our seasonal period at Renishaw Hall & Gardens.

Tiddlekicks Christmas Parties

Chester Green Community Centre

Sat 06 Dec

An hour of Tiddlekicks Christmas party games, a visit from Tiddlekicks Santa plus a gift and snack for each child! Suitable for walking - 5yrs. Pop-up photography from Lucy E Warner will also be available. Book tickets online: www.tiddlekicks.co.uk

Twistin Tots Christmas Parties

Belper Community Hall

Sat 06 Dec 2:30 - 4:30pm

Mon 15 Dec 10am - 12pm

Tue 16 Dec 10am - 12pm

Arc Leisure, Matlock

Wed 17 Dec 10am - 12pm

Darley Abbey Village Hall

Thu 18 Dec 9:45 - 11:45am

A festive music session with fancy dress, Christmas crafts, cakes, party games and a present for children (under 11yrs). Parents, babies, toddlers & grandparents all welcome. £16 (1 adult & 1 child), £12 additional child, £5 additional adult, siblings under 1yrs £7.

Breakfast with Belle, Cinderella, Prince Charming & Santa Stitch

Thoresby Park, The Riding Hall

Sun 07 Dec 9am

A festive experience with Cinderella, Belle, Prince charming & Santa Stitch! Experience includes a cooked breakfast and a drink plus entertainment from the children's favourite Characters. Due to the popularity of this event each person attending will need a ticket. Bookings under 10 guests may have to share a table.

Christmas Market at Denby

Pottery Village FREE

Denby Pottery

Sun 7 Dec - Sun 14 Dec

Hand crafted gifts, artisan food & drink. Alongside the full Pottery Village will be a Free-to-enter magical market with over 30 hand-picked stall holders offering handcrafted gifts and artisan food & drinks.

Merry Elwin The Adventurous Elf

Chapel Street Arts Centre

Thu 11 - Tue 23 Dec

Join Merry Elwin, a spirited Christmas Elf, on a globe-trekking adventure to discover how Christmas is celebrated around the world. From Germany's enchanting markets to Mexico's vibrant Las Posadas, and the sunny beaches of Australia to Japan's dazzling lights, Elwin's journey is filled with joy and wonder. This heartwarming show blends humour, holiday cheer, and discovery for all ages.

Christmas Market at Denby

Pottery Village

Bolsover Castle

Thur 11 Dec- Thur 18 Dec

Join in the Christmas celebrations at Bolsover Castle with traditional carols sung in the stunning surroundings of the Riding School.

Captain Sprout and the

Christmas Pirates

Buxton Assembly Rooms

Fri 12 Dec - Sat 13 Dec

Ahoy, families! This Christmas, embark on an action-packed, fun-filled festive adventure as we bring you the tale of Captain Sprout, a rotten rogue with a sneaky plan to steal Christmas! But standing in his way is young Freddy Friith, armed with nothing but courage, kindness, and his trusty teddy, Mr Moo. Join a crew of bumbling buccaneers for a show packed with hilarious antics, magical shadow

puppetry, original music, and plenty of pirate-y chaos! There's audience participation galore, so little (and big!) adventurers can be part of the action from the moment they arrive.

Belper Farmers Market FREE

Belper Market Place

Sat 13 Dec 8:30am

Held on Belper's historic Market Place with a selection of local food producers, local wood and woollen crafts, this is a quality market showcasing fine foods and goods from around the County.

Ashbourne Christmas Tractor Lights

Ashbourne

Sat 13 Dec

Thornley Tractors annual illuminated tractor run around Ashbourne and the surrounding villages is back. Check facebook page for details

Codnor Parish Council Carol

Service FREE

St James Church, Codnor

Tue 16 Dec 7pm

Belper Christmas Carol Service FREE

Memorial Gardens, Belper

Mon 22 Dec 6pm

Matlock Raft Event & Mince Pie Specials

Rowsley South Station, DE4 2LF

26th Dec

Join us on Boxing Day for a festive steam train service to Matlock and let the train take the strain. Enjoy some time away from the TV, and stretch your legs for a wander around Matlock, and maybe take the kids to the park to blow off some steam.

Matlock Raft Event

Cawdor Way, DE4 3SW

Fri 26th Dec 11am

Every year on Boxing Day many (slightly crazy) individuals paddle down the River Derwent on their home made rafts, starting at Matlock, heading through Matlock Bath and finally reaching the finish line at Cromford Meadows. Rafts are designed with fun themes, inventive outfits and some even bring their own music! All in aid of the amazing Royal National Lifeboat Institute (RNLI).



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Christmas Crafts At Home



Written by : Hannah, The Adamson Family

❄️ Last Christmas, Lucy was around 18 months old, the perfect age (in my mind!) to start Christmas themed crafts and games. Here are some of our favourite tried and tested activities that we did at home over the festive period, all of which could be up-levelled for older children.

1. Melted Snowman Craft

Activity: Create a white splodge of paint on a coloured background. This is the perfect chance to get out different tools to create the white base – a pompom held with a peg is a favourite in our house! Add googly eyes and stick on the paper accessories (I printed ours and coloured them in.)

Why I love it: Combines process and product art. Every piece looks different depending on where the accessories are stuck. Super simple for even the youngest of toddlers to do independently. We used our creations for Christmas Cards.

Potential up-levelling: Older children could draw their own accessories and cut them out independently.



2. Fill The Snowman Game

Activity: Get an empty plastic bottle (with a wide top) and add a snowman face to the outside using marker pens. Fill the bottle with cotton wool balls or white pompoms to make your very own indoor snowman.

Why I love it: Simple and mess free. Can be returned to again and again, Good way to practice fine motor skills and hand/eye coordination.

Potential up-levelling: Older children could use a bottle with a narrower neck or use child safe tweezers to remove the cotton wool. Add a time limit or turn it into a race.



3. Paper Plate Wreath

Activity: Cut the middle out of the paper plate and paint the outside green (another great opportunity to explore creating texture by using different implements – a fork would create a nice wreath type texture!) Decorate your wreath. We used foam stickers, but the sky is the limit here – stickers, confetti, paint, ribbons, pompoms, whatever you have to hand! Add a loop of wool or string to the back and hang it up!

Why I love it: So much freedom to choose how to decorate it. Another craft that can be done fairly independently, even by little little ones.

Potential up-levelling: Challenge older children to make the green background of the wreath look more realistic.



4. Snowman Tumble Game

Activity: Use marker pens to draw snowman faces onto paper cups. Stack the cups in a pyramid. Throw a pompom snowball to knock the snowmen down.

What I love it: Aiming and throwing practice. Simple and mess free.

Potential up-levelling: Get the children to decorate their own snowmen cups or create their own snowball pompoms. Number the snowmen to incorporate some adding practice.



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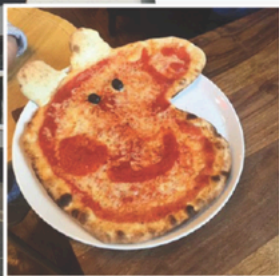
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How To Enjoy Christmas Without The Festive Period Drupting Your Little One's Sleep



Written by : Emma Hill from Sleepy Baby Happy Mama

Emma is a certified baby and toddler sleep consultant who offers bespoke advice to families with children up to 4 years old.



The Christmas season is magical, but for parents, it can also bring stress about how the festivities might disrupt their child's sleep. If you've worked hard to establish a sleep routine, the last thing you want is for it to unravel over the holidays. Here are some tips to help you maintain your child's sleep routine, so you can enjoy the holidays without sacrificing precious rest.

1. Keep The Bedtime Routine Consistent

Try to maintain your child's usual bedtime routine, even amidst all the Christmas excitement. Familiar activities like a bath, bedtime story, or lullaby can help signal that it's time for sleep, no matter how busy the day has been.

Quick Win: If you're travelling, pack a favourite blanket or stuffed animal to help your child feel at home, making it easier for them to settle in a new place.

2. Protect Naptime

Christmas events can interfere with naptime, but prioritising it helps avoid overtiredness, making bedtime smoother too. Plan outings around naps, and don't hesitate to say "no" to gatherings if needed.

Quick Win: If you're out during naptime, find a quiet spot for a quick nap. Even a 20-minute rest can prevent overtiredness.

3. Watch Sugar Intake

Festive treats are inevitable, but too much sugar can make bedtime tricky. Try to limit sugary snacks to earlier in the day and offer healthier alternatives in the evening.

Quick Win: Introduce a calming bedtime snack like warm milk or a banana, which can help your child settle before bed.

4. Balance Flexibility With Routine

While sticking to a routine is important, occasional flexibility can make Christmas moments more enjoyable.



It's okay if bedtime is a little later on Christmas Eve with all the excitement of Santa arriving—just try not to make it a habit.

Quick Win: If bedtime has been late, have some calming wind-down time the next day to reset their sleep schedule.

5. Be Mindful Of Bedtime During Family Gatherings

Family gatherings often run late, and it can be tempting to stretch bedtime so that your little one can spend more time with relatives. However, children are creatures of habit, and a later bedtime can sometimes lead to overtiredness, making it even harder for them to sleep well. It's okay to make occasional exceptions but try not to make a habit of it over the entire Christmas period.

Quick Win: If you know you'll be out past bedtime, consider bringing along pyjamas and doing part of the bedtime routine wherever you are. This way, your child can fall asleep in a quieter space, and you can transfer them into their bed or cot when you get home.

Don't Let Sleep Worries Steal Your Christmas Joy

The festive period doesn't have to mean sleepless nights for your child (or for you). By taking small steps to keep your routine intact, you can make the holidays enjoyable and restful for everyone.

If you're finding it tough to navigate your child's sleep challenges during the Christmas season, I'm here to help. Follow me on Instagram for practical tips and gentle sleep solutions - here's to a happy, restful, and joyful Christmas for you and your family!

Find out more



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Get Your Car Winter - Ready with Our Winter Health Check

Written by : Jack Ford, Group Aftersales Manager, Ron Brooks Ltd

Ron Brooks
Motor Group



Cold mornings, icy windscreens, darker evenings – winter driving can be a real challenge. But don't worry, that's where our Winter Health Check comes in. It's a simple way to make sure your car is safe, reliable, and ready for the season ahead.

Here's what we cover when you bring your car in:

1. Antifreeze and Engine Protection

- We'll check the strength of your antifreeze to make sure your engine won't freeze up on those icy mornings. If it needs topping up, we'll take care of it.

2. Battery Health

- Flat batteries are one of the most common winter breakdowns. We'll test your battery's health so you know it's strong enough to keep you going – no surprises when you turn the key.

3. Tyres and Grip

- Good grip is essential in wet or icy conditions. We'll check your tread depth, tyre pressures, and overall condition to keep you safe on the road.

4. Lights and Visibility

- With longer nights and darker commutes, clear visibility is vital. We'll test all your lights, inspect your wipers, and top up your screenwash with a winter-grade mix that won't freeze.

5. Fuel and Fluids

- We'll check your oil, brake fluid, and power steering fluid to make sure everything is topped up and running smoothly.

6. Heating & Demisting

- Nobody enjoys sitting in a fogged-up car. We'll make sure your heater and demisters are working properly, so you can clear your windows quickly on cold mornings.
- Air conditioning is checked, to ensure correct humidity for clearing steamy windows.

Why Book a Winter Check?

It's quick, affordable, and gives you peace of mind that your car is ready for whatever winter throws at it. Think of it as a little extra protection against the season's challenges.

All Ron Brooks customers also receive a mandatory Electronic Vehicle health Check and Video from the technician

After Your Check: What You Need to Do

Even with a perfectly maintained car, conditions can still catch drivers out. Here are two key things we recommend you sort straight after your Winter Health Check:

1. Pack an Emergency Kit

No one plans to break down, but being prepared makes all the difference. Keep these essentials in your boot over winter:

- Ice scraper and de-icer
- Blanket and warm clothing
- Torch (with spare batteries)
- First aid kit
- Jump leads
- Warning triangle
- Phone charger and bottled water

It's a small effort that can keep you safe and comfortable if you're delayed or stranded.

2. Adjust Your Driving Habit

Your car may be ready for winter, but the roads demand extra care. Remember to:

- Leave extra space: Stopping distances are much longer on snow and ice.
- Drive smoothly: Avoid harsh braking, acceleration, or sharp steering.
- Plan ahead: Check the weather and road conditions before setting off.

👉 **Book your Winter Health Check today and drive with confidence this winter.**

Find more information below for Ron Brooks



COMPETITION TIME

Design The Front Cover for Issue 43 (January/February)



Here's How To Enter



1. Get Creative!

Draw, colour and get creative! We are giving you the chance to design the cover of Issue 43! Let your imagination run wild on the next page, and we will pick a winner to be the front cover of our next issue!



3. Entry Deadline

The deadline to enter this competition is Sunday 23rd November 2025.

Please have all entries sent over to us before then!



2. Send Us Your Design!

When you are happy with your masterpiece, send us a photo (either on social media or to info@boommagazine.co.uk).

*The winner will be contacted and asked to scan their design using their smart phone in order for us to be able to print. We will happily explain how to do this!



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Welcome to



Interactive role play centres based in South Derbyshire

Titchy Town and Hero Town are both indoor play villages designed especially for little ones up to 8 years of age. Children can freely explore the many different play zones in both villages. The villages are designed to allow children's imagination to run wild whilst they role play in a safe environment.

Grown-ups can participate in their child's play, or just sit back and watch them learn whilst enjoying a mug of freshly brewed tea or coffee and an amazing homemade cake from our little coffee shop.

Where are we?

Titchy Town is based on the site of Scallywags Private Day Nursey in Chellaston (Rowallan Way, DE73 5WX).

Hero Town is based on the site of Scallywags Private Day Nursery in Melbourne (Castle Lane, DE73 8JB).

Please use Scallywags car park at both sites. You will find signage in both car parks on how to access the centres.

How it works?

Both role play centres work on a pre-book via our website and pay on arrival basis with sessions lasting 90 minutes. On your first entry you will be issued a loyalty card and for every nine sessions you attend you will receive your 10th entry free of charge! Loyalty cards can be used across both sites. Payment is cash only.

Titchy Town Play Village

- Castle Store
- Town House
- Vets 'n' Pets
- Anabelle's Café
- Wash 'n' go
- Harry's Yard

Hero Town Play Village

- Dolly Dogs Grooming Parlour
- George's Garage
- Simon's Shed
- Foston's Fire Station
- Mrs Potts tearoom
- The Land Where Dreams Come True
- Castle Lane clinic
- Baby Zone

To find out more or to book into a play session...

Visit our websites: titchytown.com or hero-town.co.uk