



Easter Egg
Competition
inside



Teeth
Cleaning
Chart
Inside

I'M FREE - TAKE ME HOME

The essential guide for families from bump
to big school

(ages 0-11)

www.boommagazine.co.uk

   @boom_magazine_derbyshire

Thriving in authentic womanhood

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*Master Jungian Coach
MSc Mental Health Psychology*

clairegermiquet@protonmail.com



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BOOM ...

Spring is in full bloom!

Lighter mornings, brighter days, and the excitement of spending more time outdoors is truly here.

In this issue, we're celebrating the season of new beginnings. From Easter inspiration and creative activities to children's dental hygiene, we've filled these pages with ideas to help you make meaningful memories with your little ones.

You'll also find support, inspiration, and trusted suggestions from our wonderful advertisers and Boom Buddies – all chosen with real families in mind, because we truly believe that family fun should be accessible, affordable, and joyful.

As always, we love hearing from you. Whether it's a favourite recipe, a craft that's been a hit at home, or a local place you think deserves the spotlight, your feedback helps shape what Boom becomes.

Here's to muddy wellies, spring sunshine (hopefully!), and making the most of this brighter season together.

With love,

Steph & Jess



@boom_magazine_derbyshire
www.boommagazine.co.uk



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A special thank you to Poppy! The winner of our front cover competition for issue 43.

Thank you to everyone that entered it was a difficult decision! We loved looking through all your designs.

We have another competition inside on page 25 and 26.



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Get in touch!

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 @claudiarosecarter

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Groups & Classes for 0-11s

If you would like to be included in our class listings please email : stephanie@boommagazine.co.uk

Baby Ballers (16m - 5yrs)

Alfreton Leisure Centre

Sat 9 - 9:35am BabyBallers (16m - 2.5yrs)

Sat 9:40 - 10:15am MiniBallers (2.5yrs - 3.5yrs)

Sat 10:20 - 11am Ballers (3.5yrs - 5yrs)

Toddler football & multi-skills classes for girls & boys aged 16 months - 5 years.

Book: www.babyballers.com • 07345239712

Baby Sensory (0 - 13m)

FlowMotion. Life Yoga Studio, Matlock

Mon 10:30 - 11:30am (0 - 6m)

Mon 12 - 1pm (6m - 13m)

Ripley Leisure Centre

Tue 10 - 11am (0 - 6m)

Tue 11:30am - 12:30pm (6m - 13m)

Tue 1 - 2pm (0 - 13m)

The Venue, Ashbourne

Wed 10 - 11am (0 - 6m)

Wed 11:30am - 12:30pm (6m - 13m)

Wed 1 - 2pm (0 - 13m)

Tyler's, Campbell Street, Belper

Thur 10 - 11am (0 - 6m)

Thur 11:30am - 12:30pm (6m - 13m)

Thur 1 - 2pm (0 - 13m)

Interactive, educational sensory classes which will help your baby learn and develop important skills in a supportive, friendly environment. Book: www.baby.sensory.com/centralderbyshire • 07989 443734

Barremama

Little Eaton Village Hall

Mon 6:30 - 7:30pm Flow

Tylers, Belper

Tue 10 - 11am Bond

Tue 11:30am - 12:30pm Grow

The Party Palace, Belper

Tue 6:30 - 7:30pm Flow

The Sanctuary Wellness Centre, Derby

Mon 10 - 11am Bond

Mon 11:30am - 12:30pm Grow

Thur 6:30 - 7:30pm Flow

Duffield Church Hall

Thur 10 - 11am Bond

Thur 11:30am - 12:30pm Grow

Ballet-inspired, barre-based movement for pregnancy, birth and beyond. No leotards, no pressure. hello@barremama.co.uk

Belper Cloth Nappy Library Monthly at Transition Belper Repair Cafe

We have a large range of cloth nappies in all sizes from newborn to toddler available to hire. Come and see us at the monthly Transition Belper Repair Café at No. 28, Belper Marketplace or contact us for more information and advice. belperclothnappylibrary@hotmail.com

Blossoms Play Cafe

110 - 112 Chapel Street, Kilburn

Mon - Tue & Thur - Sat

9am - 2pm

A brand new play cafe offering a safe space to play & lovely fresh food.

Booking is encouraged, however, can take walk ins if available. blossomsplaycafe@gmail.com

Bridge The Gap Family Hub

Sessions (0 - 5yrs)

Sinfin Family Hub - Sinfin Lane

Tue 10 - 11:30am

Becket Family Hub - Stockbrook

St. Derby

Thur 10 - 11:30am

Audrey Drive Children's Centre - Audrey Drive

Thur 1:30 - 3pm (alongside stay & play)

Hub Club drop-ins. Toys, books and activities for parents and children.

Creative drop-ins. Emotional literacy enriched play and creative activities for babies and young children, plus creative wellbeing activities for parents and carers. FREE no need to book. Visit the website to find out about Bridge the Gap's full programme or to register for a session. www.jwbridgethegap.com

Dance Church

Belper Community Hall

Sun 19th April

10:30am - 1pm

A relaxed and non-religious joyful dance space for families and the wider community to gather, move and feel good together. All ages welcome, no rules or steps to learn and no pressure. Children are free to dance, rest or play.

Infinity Dance Academy (2+)

Brailsford School (Thur)

5 - 5:45pm Splits & Tricks Minis (4+)

5:45 - 6:30pm Splits & Tricks Jnrs (7+)

Brailsford Institute (Sat)

9 - 9:30am Ballet & Tap (2+)

9 - 9:30am Ballet & Tap (3+)

9:30 - 10am Modern (3+)

9:30 - 10am Modern (4+)

10 - 10:30am Ballet & Tap (4+)

10 - 10:30am Ballet & Tap (5+)

10:30 - 11am Modern (5+)

10:30 - 11am Gym Dance (7+)

11am - 12pm Ballet & Tap (7+)

12 - 12:30pm Freestyle (7+)

12:30 - 1pm Contemporary (7+)

Fun & friendly dance classes for children ages 2+ years. NAID exams, shows and performances.

Other classes available: Tue, Thur and Sat. Prices from £4.50.

www.infinitydanceacademybrailsford.co.uk/registration-form • infinitydanceacademy@hotmail.co.uk • 07866 443047 • 07505 898616

Messy Play Derbyshire East (6m - 5yrs)

Springwood Leisure Centre, Oakwood

Mon 10am

Wed 10am

Sunday specials throughout the month Baby and pre-school themed messy play. £10 per session. Book:

www.mymessyplay.co.uk • claire@mymessyplay.co.uk

Pregnancy & Post Natal Pilates

Fit Pit Gym, East Mill, Belper

Tue 6:15 - 7pm Pre and Post Natal Mat Work

Thur 10 - 10:40am Pre and Post Natal

Reformer

Fri 10:20 - 11am Pre and Post Natal

Reformer

Our physio-led classes are part of the Belper Health Hub.

Mums and mums-to-be of all levels of fitness will benefit from safe mat or reformer Pilates instruction from trained physiotherapists. Babies are welcome at all sessions. Book: <https://gymcatch.com/app/provider/8824/events> • 07703 116284



Most groups are term time only - please check before you travel

Groups & Classes for 0-11s

If you would like to be included in our class listings please email : stephanie@boommagazine.co.uk

Primrose Art Club (4 - 15yrs)

St Mark's Church, Openwoodgate

Wed 4:15 - 5:15pm (4 - 9yrs)

Wed 5:20 - 6:20pm (10 - 15yrs)

Fri 4:15 - 5:15pm (10 - 15yrs)

Fri 5:20 - 6:20pm (4 - 9yrs)

Arts and crafts group sessions

where kids can explore their

creativity and develop skills. Book:

www.primroseart.club •

primroseartclub@gmail.com • 07387 962150

Puddle Ducks (0 - 10yrs)

Various Derbyshire Venues

Mon - Sun (all lessons 30mins)

You want your child to learn to

swim. Let's help them learn the

right technique, in the right

environment, with the best people.

Let's give them the courage to be

fearless, make friends, swim

strongly and have fun.

Then let's see where those skills

might take them. Swim Academy.

Let's do this. £16.50 per session.

www.puddleducks.com •

derbyshire@puddleducks.com

Splitz Dance Centre (2+)

King Street, Belper

Various classes Mon - Thur and Sat

Sat 9:30 - 10am Tots Ballet

Sat 10 - 10:30am Tots Modern

Sat 10:30 - 11am Tots Tap

£3.50 per class or £9 for all 3

Sat 11 - 11:45am tots acrobatics

£4.50 per class.

Fun and friendly dance classes

during the week suitable for

children and adults. Free trials

available.

www.splitzdancecentre.com •

splitzdance@live.co.uk •

07403010116

Sunshine Forest School

Belper Community Hall Woodlands

Fri 10 - 11am

Play based outdoor learning

through forest school, holiday clubs

and woodland workshops. All led

by qualified practitioners. Holiday

clubs available for children 5 -

16yrs. 07970277358 •

sunshineforestschooll@hotmail.com

Taekwondo M&M Academy (4+)

Little Eaton Village Hall

Tue 7 - 8pm (8 - 12yrs)

Sat 9 - 9:45am (4 - 7yrs)

Sat 10 - 11am (8 - 12yrs)

Improve your fitness, flexibility, balance, confidence, discipline and moral values with the Korean martial art, Taekwondo! A great sport for your little ones or even for yourself with our adult classes. £30 per calendar month. First 2 lessons free. Family discounts available.

www.mandm.academy •

admin@mandm.academy •

07818 559309

The Little Baby Sanctuary (0 - active crawling)

JL Dance Academy, Ripley

Wed 10:30 - 11:30am Baby Massage

Wed 1 - 2pm Baby Yoga

Sage Yoga Studio, Belper

Thur 10:30 - 11:30am Baby Yoga

Thur 1 - 2pm Baby Massage

Anna Michelle's School of Dance, Darley Abbey

Fri 10:30 - 11:30am Baby Massage

Fri 1 - 2pm Baby Yoga

Gentle, interactive strokes and

movement supporting common

ailments, concerns and baby

milestones with Nicky, qualified

NNEB nursery nurse, baby massage

and baby yoga instructor.

www.thelittlebabysanctuary.co.uk •

07739 551379

Tiddlekicks (0 - 5yrs)

Derby Arena, Pride Park

Mon 9:35am (2 - 4yrs)

Mon 10:20am (crawling - 2yrs)

Vanessa's School of Dance, Belper

Wed 9:30 (walking - 4yrs)

Ripley Leisure Centre, Ripley

Sat 8:20am (walking - 4yrs)

Sat 9:05am (1 - 3yrs)

Sat 9:55am (3 - 5yrs)

William Gregg VC , Heanor

Sat 11am (walking - 5yrs)

Introducing boys and girls to the

fundamentals of football in our 40-

minute structured, coach-led

sessions. £6.50 per session. 3-week

trial recommended. Also running in

Derby City, Oakwood, Stapleford,

Hilton and Stenson Fields. Book:

www.tiddlekicks.co.uk •

tiddlekicks@outlook.com • 07545

051465

Tiny Talk (0 - 5yrs)

St John's Methodist Church, Allestree

Mon 9:45 - 10:45am (0 - 2yrs)

Mon 11:15am - 12:15pm (18m - 4yrs)

The Church on Oakwood

Tue 9:45 - 10:45am (18m - 4yrs)

Tue 11:15am - 12:15pm (0 - 2yrs)

Book:

www.tinytalk.co.uk/emilyreevebookwh

en.com/tinytalkderbynorth

St Mark's Church, Openwoodgate, Belper

Tue 10 - 11am (18m - 5yrs)

Tue 11:30am - 12:30pm (0 - 2yrs)

Tue 1 - 2pm (0 - 2yrs)

Fri 10 - 11am (18m - 5yrs)

Fri 11:30am - 12:30pm (0 - 2yrs)

Book: www.tinytalk.co.uk/kathgreaves

bookwhen.com/tinytalkdc

Communicate with your baby before

they can speak! At TinyTalk we sign,

bounce and giggle through each

class, while you learn a handful of

useful BSL signs with action songs,

stories and familiar nursery rhymes.

Enjoy social time and a nice hot

cuppa and biscuits after every class.

Twistin Tots (0 - 5yrs)

Belper Community Hall

Mon 9.45 - 11.30am (stay & play)

Tue 9.45 - 10.45am

Arc Leisure Centre, Matlock

Wed 9.45 - 10.45am

Darley Abbey Village Hall

Thur 9.45 - 11.30am (stay & play)

Magical music and movement classes

for under 5s and their grown-ups.

Weekly or block bookings. Book:

www.happity.co.uk/twistin-tots

twistin-tinies/0-5-years •

jacqui@twistintots.co.uk • 07977

578359

Vanessa's School of Dance (2 - 18yrs)

Vanessa's School of Dance, Belper

Mon to Thur 4pm onwards

Sat 9:15am - 5:30pm

Ballet, tap, modern, contemporary,

musical theatre, singing, acrobatics

and street dance. Adult classes

offered in tap, ballet & fitness. See

full timetable for all classes.

www.vsdance.co.uk

01773 823309 • 07581 228557



Please mention boom when visiting or showcasing classes & group visits

Groups & Classes for 0-11s

Under £4 Or FREE

Baby and Me (0 - 1yrs)

Ripley Methodist Church

Thur 9:30 - 11am

Meet others in a safe environment, as you interact in your little ones early development through play. A large variety of baby toys to explore and larger toys for when they start crawling and taking those first steps. Messy play sessions approx every 6 weeks. £2.50 per family, includes a hot drink and biscuit. To book email paulinefretwellhps@gmail.com

B.E.A.R.S Breastfeeding Support Group

Infinite Wellbeing, Heanor

Tue 9:30 - 11am

Alfreton Library

2nd Mon of the month 1:30 - 2:30pm

St Marks Church, Openwoodgate

Fri 1 - 2:30pm

Refreshments, social and breastfeeding support with a chance to meet other new parents! Older siblings welcome. Please check BEARS FB page before you set out. For urgent support, call BEARS on 07776 495900 or FB messenger.

Connected Perinatal Support

Beckett Family Hub, Derby

Mon 10 - 11:30am Bump to Babies (pregnancy - 2yrs)

Normanton Library, Derby

Mon 3 - 4pm Bumps, Babies & Books (pregnancy - 5yrs)

Insomnia Cafe, Littleover, Derby

Last Mon of month 4:30 - 6:30pm
Pregnancy Connections (pregnancy - 12wks)

Osmaston Allenton Family Hub

Wed 12:30 - 2pm Tea & Tots (pregnancy - 5yrs)

Audrey Drive Childrens Centre, Derby

Thur 10am - 12pm Bump to Babies (pregnancy - 2yrs)

Leisure United Racecourse, St Mark's Road, Derby

Thur 7 - 9pm Dads' Space. Social and football with DCCT

Melbourne Supporting Partnership, Melbourne

Fri 10:30am - 12pm Bump to Babies (pregnancy - 2yrs)

Free groups facilitated by friendly perinatal peer supporters.

Expectant mums, dads, partners, friends and families welcome. Tea, coffee and biscuits, toys for babies and toddlers. A warm welcome and supportive chat on all things pregnancy and becoming a parent. No need to book. FB & Instagram • www.connectedperinatalsupport.org for more info • admin@perinatalsupport.org.uk • 01332 412561 • message on 07719 064 014

Derbyshire Dales Mum2Mum Breastfeeding Support Group

Hulland Ward Millennium Hall

3rd Wed of the month 10 - 11:30am (at Hulland Hippos)

Wirksworth Memorial Hall

1st Thur of the month 9:45 - 11:5am (at Wirksworth Stay and Play)

Ashbourne Elim Church

Fri 10 - 11:30am

Free drop-in sessions run by local mums trained in peer support. Part of the Breastfeeding Network. All welcome.

Derbyshire Toy Libraries Stay & Play

Glebe Field Centre, Crich

Mon 9:30 - 11am

Grassmoor Community Centre

Tue 9:30 - 11am

Florence Nightingale Memorial Hall

Thur 9:30 - 11am

Kilburn Village Hall

Thur 9:30 - 11am

Price varies from £3 - £4.

Additional siblings/adults £1, under 6m go free.

www.derbyshiretoylibraries.org

Ey Up Mums (0 - 1yrs)

Dalby House Cafe (inside the museum)

Fri 11am - 1:30pm

A new group aimed at bringing together first time mums with babies under 12 months. Come and share your experiences, have a chat, come with or without your baby and just enjoy taking some time out with our friendly and relaxed group. Free to attend, no booking required.

Heanor Weenies

Wilnot Street Centre, Heanor

Wed 10am - 12pm

Structured play that is fun whilst offering a great support network for parents and guardians.

Includes snacks for children and a hot drink for adults. £3 for first child, £1.50 per extra child, £1.50 for unweaned babies.

First visit only £1.50. No need to book. heanorweenies@outlook.com

Holbrook Baby and Toddler Group

Holbrook Methodist Church

Wed 9 - 11am

A fun and friendly group for babies and pre-school children and their parents, grandparents or carers. Toys for all ages. Play and make new friends in a safe and welcoming environment. £2 per child. No need to book.

Hulland Hippos Baby & Toddler Group (0 - 4yrs)

Hulland Ward Millennium Hall

Wed 10 - 11:30am

A range of stimulating play activities for under 5s, including a baby area. Snacks and drinks. Songs and a story at the end. Busy, friendly group. New families welcome. £3 per family. No booking required. www.hullandchurches.org.uk/groups/hulland-hippos or FB

Infinite Wellbeing Community Centre

Greenwich Community Sports Hub, Ripley

Tue 9:30 - 11:30am Tuesday Tots

Thur 10 - 11am Pre-School Cooking and Crafts

Market Street, Heanor

Mon 10am Messy Play*

Mon 12:30pm Infinite Mini Wrigglers*

Mon 1:30pm Infinite Mini Movers and Groovers*

Tue 12:30 - 2:30pm Tuesday Tots

Wed 10 - 11am Pre-school Children's Cooking*

Thu 1 - 2pm Family Huddle (a supportive social group for the whole family)

Sat 9:30 - 10:30am: Children's Cooking*

Role Play Area & Cafe Opening Times:

Mon to Fri 9am - 3pm

Sat 10am - 3pm

Role play area for children with a dedicated baby and sensory area. £4 per family. Booking not required.

*Additional cost but includes FREE entry into the role play area.

www.infinite-wellbeing.co.uk



Groups & Classes for 0-11s

Under £4 Or FREE

Kilburn Baby & Toddler Drop-in Kilburn Village Hall

Sun 9.30 - 11.30am
1st, 15th & 29th March
12th & 26th April
Welcoming all families, babies and toddlers to our play, colouring, reading & sensory areas. Drinks provided. kilburnbaby@gmail.com • 07877 356262 • FB
KilburnBabyAndToddlers

Little Church (0 - 5yrs) St Peter's Church, Belper

Wed 10am - 12pm
£1 per family
Play and fun with stories, singing and craft activities - parents, grandparents and carers welcome. office@stpetersparishbelper.org.uk

Little Springs (0 - 5yrs) Wellspring Church, Wirksworth

Tue 9.30 - 11am
Stay and play with your little one and enjoy making friends and learning together.
We have toys, crafts, dressing-up, story time and songs. Suggested donation £2 which includes refreshments - real coffee, homemade cake and healthy snacks.
contact@wellspringchurchwirksworth.h.co.uk - FB Little Springs at Wellspring Church

Messy Church (all ages) St Swithun's Church, Belper

2nd Sat of the month 4 - 6pm (donation)
St Mark's Church, Belper
4th Sat of the month 4 - 6pm (donation)
Activities, songs and prayers and an entirely new way to express your faith.
office@stpetersparishbelper.org.uk

Move Me (0 - 5yrs) Becket Family Hub

Tue 1:30 - 3pm
01332 640250

Derwent Family Hub

Wed 9:30 - 11am

01332 641010

Osmaston / Allenton Family Hub

Thu 1 - 2:30pm

01332 956850

Derby Theatre

Fri 27th March

Fri 24th April

10 - 11:30am

01332 593939

Play, dance and move with your little ones, in this active early years sensory experience. FREE session. Contact Derby City Family Hubs to book or email earlyyearsederby.ac.uk for more information.

Music and Movement (0 - 5yrs) Coxbench Hall Residential Home

First Tue of each school holiday
10am
Intergenerational session within the care home with music and movement followed by snacks and refreshments. Free, no need to book. More info on FB

Prams & First Shoes (0 - 3yrs) St Mark's Church, Openwoodgate

Thu 9.30am - 12pm
Have a cuppa and meet other parents. Lots of toys for babies and toddlers. A warm welcome to a lovely space.

SEN-Fit Support Sessions

SEN-Fit, Langley Mill
SEND Parent/Carer Support Group
1st Wed of the month 9:30 - 11am
Active Carers Group
2nd Thur of the month 6:30 - 8pm
Neurodiverse Adults Social Group
4th Thur of the month 6:30 - 8pm
Infinite Wellbeing, Heanor
2nd Wed of month 9:30 - 11am
Under 5s Stay and Play
FREE role play entry included
All sessions are FREE to attend but booking is required. info@sen-fit.co.uk

Stay and Play Marehay Methodist Church

Wed 9:30 - 11am
Waingroves Methodist Church
Wed 1:15 - 2:45pm
Free play, craft & messy play, music and singing, themed activities. £2.50 per family, includes snack for children and drink for parents/carers. Turn up or email paulinefretwellhps@gmail.com

Stay and Play Holbrook Moor Methodist Church

Wed 9 - 11am
A friendly welcoming group for 0 - 5yrs, lots of time to play followed by a snack, craft, a story and rhyme time. Toys for all ages. £2 per child, no need to book.

Squeals on Wheels All Saints Church, Ripley

Mon 9:15 - 11am
A happy friendly group for parents and carers with babies and toddlers. Unstructured play time with craft and puzzle tables, designated baby area and lots of toys available. Singing and dancing finished with a Bible story at the end of each session. enquiries@allsaintsripley.org.uk • 01773 570011

Toddlers Inc (0 - 5yrs) Denby Bottles Methodist Church

Tue 10am - 12pm
A group for bumps, babies, toddlers, pre-schoolers and their grown ups. Lots of toys for all ages, finishing with a song and rhyme time. 50p per child. Includes a snack and drink for all. Contact Hannah: 07359778505

Tots Dots Playgroup (0 - 5yrs) Strutts Community Centre, Belper

Mon 10am - 12pm
Drop-in meet-up for parents, carers, babies and toddlers. Prams, snacks and chaos welcome! £2.50 per child, £1 per sibling. No booking required.

Tinies & Teacups (0 - 18m) Belper Community Hall

Tue 11am - 1pm
A chance to meet other parents, chat, enjoy a hot/cold drink. Baby weigh-in and measurements. Sensory music session for 30 minutes. PAYG or turn up any time £4.50 for 1 baby and 1 adult; £2.50 extra adult/expectant parent. Book 4 weeks for £14. Book: www.happity.co.uk/twistin-tots-twistin-tinies/tinies-and-teacups • 07977 578359



Find all class & group information online at www.boommagazine.co.uk or check out our social media for weekly updates



@Boom_Magazine_Derbyshire

Groups & Classes for 0-11s

Under £4 Or FREE

Library's FREE

Whistlestop Wildlife Watch Group (5 - 11yrs)

Gang Mine Reserve (near Wirksworth)

Sun 8th March 10am -12pm
Amphibians, with Derbyshire Amphibian & Reptile Group
Linacre (near Chesterfield)
Sun 19th April 10am- 12pm
Woodlands in Spring
Monthly wildlife-themed activities at a different nature reserve/wild space in central and north-east Derbyshire or at the Matlock base. £2.50 for one child; siblings 50p extra. Children must be accompanied by an adult. Meeting points confirmed via email. Booking essential whistlestop_watch@yahoo.co.uk

Wirksworth Stay and Play Baby & Toddler Group (0 - 5yrs)

Memorial Hall, Wirksworth
Thu 9:45 - 11:5am
Volunteer-run playgroup with sensory play, a wide range of toys, and themed creative activities. No booking required. Includes snack for the children. Drinks and biscuits for the adults. 0 - 6m £2, 6m+ £4 per family. More info on FB

Yellow Daisies Stay & Play (0 - 5yrs)

The Village Hall, Heage
Mon, Wed & Fri 9 - 11am play group
Tue 9 - 11am messy play
A group for children to meet others, play together and begin to socialise. £3.50 Includes snack and drink plus hot drinks for adults.
01773 853358
yellowdaisies72@gmail.com

Stuck for places to go for a walk?

We have copies of BOOM WALKS available for only £8.99

Alfreton Library

Monday 11 - 11:30am
Story Time

Alvaston Library

Tuesday 11 - 11:30am
Story & Rhyme Time

Ashbourne Library

Tuesday 10:15 - 10:45am
Rhyme Time

Bakewell Library

Tuesday 10:30 - 11am
Story & Rhyme Time

Belper Library

Wednesday 11 - 11:30am
Story & Rhyme Time

Bolsover Library

Monday 10 - 10:30am
Story & Rhyme Time

Brimington Library

Tuesday 10:30 - 11am
Bounce & Rhyme Time

Chesterfield Library

Monday 9:30 - 10am
Baby Rhyme Time
Monday 11 - 11:30am
Toddler Rhyme Time

Clay Cross Library

Tuesday 10:30 - 11am
Story & Rhyme Time

Dronfield Library

Wednesday 10.30 - 11:10am
Story & Rhyme Time
One adult per family

Eckington Library

Friday 10:30 - 11:15am
Story & Rhyme Time

Etwell Library

Thursday 3 - 5:30pm
Story & Rhyme Time

Glossop Library

Tuesday & Friday
10:30 - 11am
Story & Rhyme Time

Heanor Library

Monday (fortnightly) 2 - 2:30pm
Story & Rhyme Time
Thursday 11 - 11:30am
Story & Rhyme Time

Holmewood Library

Thursday 10:30 - 11am
Rhyme Time

Ilkeston Library

Wednesday 10 - 10:30am
Rhyme Time

Long Eaton Library

Wednesday 11 - 11:30am
Story & Rhyme Time

Mansfield Central Library

Wednesday 10 - 10:30am
Baby Rattle, Rhyme & Roll
Under 1 years old.
Second Saturday of the month
11am - 1pm
Children's Craft Sessions
Fourth Saturday of the month
11am - 1pm
Lego Club (4+ years)

Matlock Library

Thursday 10:30 - 11am
Story & Rhyme Time

Mickleover Library

Tuesday, Thursday & Friday
11 - 11:30am
Rhyme Time
Booking is essential -
01332 647884

Newbold Library

Tuesday 10:30 - 11am
Story & Rhyme Time

New Mills Library

Friday 2:15 - 2:45pm
Rhyme Time

Normanton Library

Monday 2:30 - 3pm
Rhyme Time, followed by
Bumps, Babies and Books with
Connected Perinatal Support
Friday 2 - 2:30pm
Story Time

Ripley Library

Tuesday 10 - 10:30am
Rhyme Time

Riverside Library

Monday 11 - 11:30am
Rhyme Time
Wednesday 11 - 11:30am
Story Time
Friday 11 - 11:30am
Rhyme Time

Sandiacre Library

Tuesday 10:30 - 11:15am
Rhyme Time

Shirebrook Library

Tuesday Bookworms
3:40 - 4:15pm
Stories & Crafts (4 - 8 years)
Friday 10 - 10:30am
Story & Rhyme Time

South Normanton Library

Friday 10:30 - 11am
Story Time

Staveley Library

Monday Bookworms 5 - 6pm
Stories & Crafts 4 + years
Monday 10:30 - 11am
Rhyme Time

Swadlincote Library

Thursday 10 - 10:30am
Rhyme Time
First Saturday of the month 10 - Midday
Family Lego Challenge

Tidesevall Library

Monday 2:45 - 3:15pm
Story & Rhyme Time
Whaley Bridge Library
Friday 11 - 11:30am
Story & Rhyme Time

Wirksworth Library

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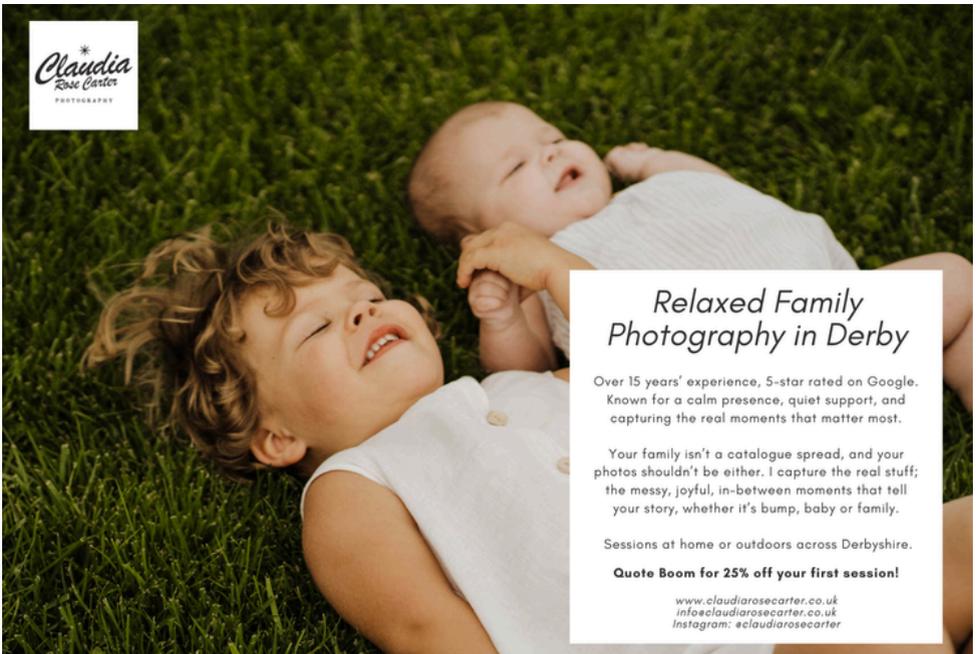
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TEETH CLEANING CHART



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PRIZE: _____

Keeping Your Smile Sparkly and Strong: A Dentist's Fun Guide for Kids



Written by George - A Dentist From Glendair Dental Practice in Alfreton

Hey kids (and parents too!), Easter is here with yummy chocolate eggs and sweet treats.

But your teeth are like superheroes: they help you munch, chat, and flash big grins. They need your help to stay strong and healthy. As a dentist, I see every day how starting good habits early keeps smiles happy for life. It's all about consistency, a bit of fun, and patience especially since for little ones, mums, dads, and caregivers are the real bosses!



Ages 0-2: Laying the Foundations (Parents in Charge!)

Care starts before teeth show up. Gently wipe gums with a clean, soft, damp cloth after feeds to clear away milk. When that first tooth pops (around 6 months), grab a soft baby toothbrush and a tiny smear of age-appropriate fluoridated toothpaste (like a grain of rice) containing at least 1,000 ppm fluoride (UK guidelines, such as Delivering Better Oral Health, recommend 1,000 to 1,500 ppm fluoride toothpaste for young children, starting with a smear to keep swallowing safe while building protection against decay). Brush or wipe gently after feeds and at bedtime, making sure to gently clean all surfaces of each new tooth. Night time is tricky as babies often doze off feeding, and leftover milk can lead to early decay.

Don't stress for perfect; be calm and keep trying. Some nights it's just a quick wipe, that still counts! Parents, your persistence builds the base for a healthy mouth.



Ages 7-11: Growing Independent with Smart Habits

You're getting pro at brushing, but reminders help! Brush twice a day for two minutes, always covering every surface: outside, inside, and the tops of your teeth.

Add cleaning between teeth once a day, floss works, or try interdental brushes (those little brushes that fit snugly between teeth). It's like giving your teeth a gentle hug to clear out hidden bits where regular brushes can't reach. Parents, show how it's done and pick the right size together (start small and gentle—your hygienist can help choose). This step stops plaque from hiding and causing trouble. Use family fluoridated toothpaste with 1,350 to 1,500 ppm fluoride for maximum strength (UK guidelines recommend this higher concentration for children over 6, as they can spit well and benefit from better caries prevention).



What if We Skip the Good Stuff?

If brushing twice a day (all surfaces!), cleaning between teeth, using proper fluoridated toothpaste, and watching sweets slip, plaque builds up. Teeth might turn yellow, gums might start bleeding, breath could get stinky or you might get a toothache that makes eating or playing no fun. Cavities could need fillings, and in rarer cases, baby teeth might be lost too soon, affecting how permanent ones come in or even speech/chewing. But here's the great part: most problem are super easy to avoid with daily care, no big scares, just steady habits!

Parents, lead by example, brush as a family! A healthy mouth means more joy: crunching apples, laughing with friends, and rocking that Easter grin.

Start today, and your teeth will thank you with smiles forever. **You've got this!**



Ages 3-6: Building the Routine Together

You can help brush, but parents supervise (and often guide your hand) until you're really good at it.

Brush twice a day morning after breakfast and night before bed for two full minutes. Use a pea-sized blob of age-appropriate fluoridated toothpaste containing 1,000 to 1,500 ppm fluoride (many kid-friendly options fall in this range; UK advice supports at least 1,000 ppm, with 1,350-1,500 ppm providing stronger protection as kids get better at spitting). Always brush every surface: the outside (smiley side), the inside (tongue side), and the top (chewing side) of all teeth and don't miss any! Sing "Twinkle Twinkle Little Star" or set a timer to make it last. Night brushing is extra important because saliva slows down while you sleep, letting sneaky plaque stick around longer.

Why Fluoridated Toothpaste Matters



Using the right age-appropriate fluoridated toothpaste is key as it strengthens tooth enamel, fights off harmful bacteria, and dramatically reduces the risk of cavities. Skipping fluoride or using too little means missing out on this powerful protection, making teeth more vulnerable even with good brushing.

Sugar in Moderation



Easter candy rocks, but enjoy it smartly not every day or too much at once. Sugary stuff like chocolate, gummies, biscuits or soda feeds bad bacteria that make acids and poke holes (cavities) in teeth. Cavities can hurt with ice cream or hot soup, and fixing them means a dentist visit. Brush right after treats to wash away the "sugar party," and sip water between meals instead of sugary drinks.

Oral Hygienists: Your Tooth Coaches!

Don't forget oral hygienists as they're like tooth coaches!

They clean your teeth super thoroughly (better than home brushing alone), spot tiny problems early, and teach fun tricks to keep your smile awesome. Visits every 6 months aren't scary: they use cool tools, chat nicely, and often give stickers or high-fives. Going regularly keeps everything tip-top and prevents big issues.



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A Mum's Guide to Getting It Done in Bite-Size Bursts



Written by Jess - Director & Co-Owner of Boom Magazine, Mum to Flynn, Dog Mum & Working Part Time

Spring cleaning used to mean a full weekend, industrial-strength products, and a level of focus I simply do not possess anymore. With kids aged 0-11 in the house, "deep clean" now happens in short, scrappy intervals between snacks, naps, homework, and someone shouting "MUM!" from another room.

And honestly? That's okay. If you're a busy mum who gets overstimulated easily (hi, same) and has kids who lose interest after approximately four minutes, spring cleaning doesn't need to be all-or-nothing. It just needs to be short, simple, and slightly playful.

Here's how we make it work in our house.



Think '10 minutes' and not, 'The Whole House'

The biggest mindset shift: spring cleaning is not a marathon. It's a series of tiny sprints.

I set a timer for 5-15 minutes max, depending on the kids' ages and energy. When the timer ends, we stop. Even if we're not "finished." Especially if we're not finished.

This does two important things:

- Kids don't get bored or melt down
- I don't spiral into overstimulation and frustration

You can do a lot in 10 minutes when everyone knows there's a clear end.

Match Jobs to Ages (and Attention Spans)

You don't need perfection. You need participation.

Ages 0 - 2

- Put toys into a basket (dumping counts!)
- Hand you items from the floor
- Wipe with a damp cloth (mostly symbolic, still adorable)

Ages 3 - 5

- Sort toys into "keep" and "donate"
- Match socks
- Dust low surfaces with a sock over their hand

Ages 6 - 8

- Declutter books and toys
- Wipe skirting boards
- Empty small bins or organise a drawer



Ages 9 - 11

- Help clean their room properly
- Sort clothes that no longer fit
- Load/unload dishwasher or wipe kitchen surfaces

If it's not perfect, resist the urge to redo it immediately. That urge is how mums burn out.

One Area. One Goal. That's It.

Instead of 'clean the kitchen' try:

- 'Lets clear the kitchen table'
- 'Lets empty one drawer'
- 'Lets wipe down the fridge door'

Tell the kids exactly what success looks like. Vague instructions overwhelm them (and us).

When we finish, I say out loud:
"Look—we did that together."
Closure matters more than scale



Make It a Game (But Don't Overdo It)



You don't need Pinterest-level games. Simple works best.

- Beat the Timer: Can we put away all the Lego before the buzzer?
- Colour Hunt: Pick up only red toys first
- Donation Detective: Find 5 things you don't use anymore

Too many rules = chaos. One simple challenge is plenty.

Protect Mum's Nervous System

This matters just as much as the cleaning.

- Keep background noise low (no kids' TV and music and instructions)
- Work in one room only
- Take a break between rounds—even a real one

If you feel yourself getting snappy, overstimulated, or suddenly needing to reorganise the entire cupboard instead of breathing—stop. You can come back later. Spring lasts months.

Celebrate Small Wins (Yes, Really)

We don't wait until the house is spotless.

We celebrate:

- One clear surface
- One lighter cupboard
- One bag ready for donation



Sometimes we finish with a snack, sometimes with a cuddle, sometimes with everyone running off while I sit in silence for 30 seconds. All of it counts.

The Truth No One Says Out Loud

Spring cleaning with kids is messy. It's slow. It's louder than doing it alone.

But it's also teaching them that:

- Homes are shared
- Stuff doesn't own us
- Cleaning doesn't have to be miserable or overwhelming



And for us mums? Doing it in short, manageable bursts means we're more likely to actually do it—without losing our minds in the process.

Ten minutes at a time is more than enough.

Events in March & April 2026

Events happening locally for all ages!

Derbyshire, Nottinghamshire & Everywhere inbetween

We've searched far and wide to find these up and coming family events & activities in and around Derbyshire, and surrounding areas - there's something for everyone (we hope!). Inevitably there will be more events released since we have printed this issue, so keep an eye on our socials for the weekly 'what's on post' for new events & activities. Also look out for our Easter What's on Blog post - This can be found at www.boommagazine.co.uk

Derby Museums Wedding Fair

Sun 1 March - 11am - 3pm

The Italian Mill at the Museum of Making

Join us at The Italian Mill, set on the banks of The River Derwent for our very own Wedding Fair. There will be an eclectic array of local suppliers showcasing their services, a perfect opportunity for all for a great day out whether recently engaged, planning any event or just fancy popping for a wonderful day out in a beautiful location. Suitable for all

Derby Theatre

Thur 5 March

Showings of GLITCH

BSL Showing Friday 6th March

More info and bookings on their website

Bump & Moo Evening

Fri 6 March

Meet and connect with new mums at Little Moos Play Barn, including pop up stalls and a goodie bag for new mums. PRE BOOKING REQUIRED

Spin The Wheel: World Book Day at Titchy Town & Hero Town

Thur 5 March

Come along and join in our Spin The Wheel: World Book Day celebration, we'll have special themed cakes, bookmark making crafts, and plenty of books for you to enjoy reading and playing with your little ones. You can even wear your own costume from home to receive a special treat! And don't forget to spin our prize wheel and see if you win a brand new book!

World Book Day at infinite Wellbeing

Thur 5 March

FREE entry into the role play area if you come as your favourite book character or £4 per family.

Plus a special book themed Bookworm Cafe 3.30pm to 5:30pm

Food served until 4:30pm

Opera North Little Listeners at The Theatre Royal

Sat 7 March - 3pm

A family friendly concert for all ages. A treasure hunt with a tuneful twist! The orchestra of the open north need your help finding the hidden gems. Discover the "Tuneful Treasures" as you go, collecting them all in time for the grand finale.

The 3 little pigs - Front Door Theatre

Fri 6 - Sun 29 March

A front door production in association with Derby Theatre. A 15 Minute doorstep adventure for kids aged 3-9 and their families! Book through Derby Theatre Website.

Spring Family SEND Event at The Museum of Making

Sun 8 March - 10am to 3pm

Join Derby Send voice for a SEND marketplace at the Museum of Making! Enjoy a day of information and fun for the whole family.

Thornbridge Estate Makers Market

Fri 13 March

Visit Thornbridge Estate and support small business makers at the makers market. On until the 15th March

Paddy's Day Family Friendly Party at Electric Daisy

Sat 14 March - 3pm to 8pm

Come and enjoy Live Music, street food & bar, face painting, crafting and a mud kitchen, toasted marshmallows, and would it be Paddy's day without Cafferey's Black Stout.

Mothers Day ☐

Sun 15 March

Celebrating the women who shape our lives with love, strength, and endless care. Happy Mother's Day!

Mothers/Special Ladies in our lives! At Titchy Town & Hero Town

Sun 15 March

Celebrate the special ladies and mothers in your life with a trip to Hero Town on 'Mothers Day', make magical memories and receive a special surprise.

St Patricks Day at Hero Town & Titchy Town

Tue 17 March

Feeling Lucky? Join in a scavenger hunt around the play area to win a treat from the leprechauns pot of gold. And don't forget a bit of creative craft with our rainbow shamrock craft!

Derby theatre

Thur 19 March - 4pm

Showing Cat in the Hat Book Online

Boom Event - Spring Wreath Making

Fri 20 March - 7.30pm

Gather your gal pals, parents, grandparents and join Boom Magazine for an evening of crafting a spring wreath. Booking link in socials bio

Blippi The Scientist! At Hero Town

Wed 25 March

Come on down to Hero Town to have a dance and sing with our favourite friend; Blippi! He's back and ready to celebrate all mini scientists with exciting experiments and more! Book online - all included in your standard session charges.

Carsington Water Easter Trails

Sat 28 March - Sun 12 April

Hop into Easter Fun at Carsington Waters with there Adventure trails

Brunch with the Easter Bunny at Rufford Abbey

Sun 29 March

Join the Easter Bunny fro brunch at Rufford Abbey also receive a eater trail sheet and prize. Booking Required

Please mention Boom when visiting events or activities



Events in March & April 2026

Events happening locally for all ages!

Derbyshire, Nottinghamshire & Everywhere inbetween

We've searched far and wide to find these up and coming family events & activities in and around Derbyshire, and surrounding areas - there's something for everyone (we hope!). Inevitably there will be more events released since we have printed this issue, so keep an eye on our socials for the weekly 'what's on post' for new events & activities. Also look out for our Easter What's on Blog post - This can be found at boommagazine.co.uk

Chesterfield Glow Up

Fri 27 - Sat 28 March - 4pm to 8pm
An exciting new event for the town centre. The centrepiece of the light show on the Market Hall, which has been created by internationally renowned art company, Illumnios. Includes fun fair rides, free UV face painting, an exciting entertainment schedule & a night market.

Over the moon easter fun George Farm, DE58PN

Mon 30 March - Fri 10 April

They have lots of spring animals that will be making an appearance- from fluffy baby guinea pigs, baby rabbits, baby chicks & ducklings. There will be baby lambs that you can feed from a bottle. Crafting areas to make easter wreaths and paint Easter eggs.
£20 per child

Easter at Erewash Museum & Gardens

Wed 1 - Fri 3 April & Wed 8 - Fri 10 April

Storytime, crafts, fancy dress, trails and puzzles.

Easter Treasure Hunt at Peak Rail

Wed 1 - Wed 8 April

Come and join the fun at Peak Rail, following the clues and find all the Easter pictures that are hidden along the line and at the stations.
£1 to enter and includes a free pencil

Boom Event - Sip & Paint cold Cup

Thur 2 April - 7pm

Gather your gal pals, parents, grandparents and join Boom Magazine for an evening of laughs, fun and creating your own cold cup perfect for iced coffee, matcha or cocktails.

Easter Bunny at The Midland Railway - Butterley

Fri 3 to Mon 6 April

Climb aboard the special Butterley Easter Train and enjoy a nostalgic journey through the Derbyshire countryside.

Easter Egg Hunt at Elvaston Castle

Sat 4 April - 12pm - 1pm

Exciting activities, tasty food stalls, and live entertainment - join the fun!
Entrance fee: £1 (3yo and above)

Easter Eggstravaganza at The Marquis Pub and Kitchen

Sun 5 April - 12pm - 5pm

Meet & Photo Opportunity with a special Easter Guest, as well as party games and plenty of party dances. **FREE**

Hero Town Easter Parties

Fri 10 April

Join in with our Egg-cellent parties this April 10th at 9am, 11.15am or 1.30pm for 90 minutes of fun! We'll have Easter crafts, glitter tattoos, face painting and more. Booking opens late February, keep an eye on hero town's social media for announcements and how to book!

Newark Show at Newark Showground

Sat 11 - Sun 12 April

A fantastic day out for those interested in crystals, beads, jewelry and more.

Random Acts of Kindness Day at Titchy Town & Hero Town

Tue 14 April

We love to give back to our customers, so join us this Tuesday 14th for a dip into our kindness jar, you never know what you might get!

Under 5's shapes fun at Mansfield Museum

Fri 17 April - 10am - 11.30am

Join Mansfield Museum for a playful session, packed with hands-on activities for curious little minds!

A relaxed friendly session designed to support early learning through play, including stickers, threading and hunting for hidden shapes around the museum. **FREE**

Cool Mums Spring Market at The Village Hotel, NG9 6DL

Sun 19 April - 11am - 3pm

Join The Cool Mums Club for their spring market. They are joined by over 50 small businesses, and they will be stocking all of their merch to.. IYKYK

Egg-cellent Afternoon Tea at Peak Rail

Mon 20 April - 2pm to 3.35pm

Treat yourself to a lovely afternoon tea on the vintage carriages steam hauled through the Derwent Valley.

Cromford Mills Dog Show

Sun 26 April - 10am to 4pm

A paw-tastic day out at Cromford Mills as we celebrate our canine best friends in the historic surroundings of this Worlds Heritage Site. The popular dog show returns for 2026, promising a fun-filled day for dogs and humans alike.

Spiderman Visits Hero Town!

Mon 27 April

Are your spidey senses tingling? Yes, that's right - Spiderman is swinging into Hero Town! Join us for a web-tastic red and blue lucky dip, playtime with Spidey and SUPER colouring.

Some April & early May dates too..

Derbyshire Makes **FREE**

Derbyshire Makes aims to celebrate making in all its forms and shine a spotlight on the county's extraordinary making heritage and creative and cultural industries. Family friendly activities hosted at different locations across Derbyshire

- Cromford Mills - Sat 11 April
- Chesterfield - Sat 18 April
- Swadlincote - Sat 25 April
- Heanor - Sat 2 May
- Glossop - Sat 9 May
- Bolsover Sat 16 May

Would you like an event featured in our magazine or socials - email jess@boommagazine.co.uk

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ASK BOOM

REAL QUESTIONS, REAL ANSWERS

We have asked our followers to share questions they'd like answers too, and then you let you answer

Q : My baby won't sleep unless they are on me. Am I creating a bad habit?

A: Baby has been used to being so close to you, they crave warmth & your heartbeat. The idea of 'spoiling' your child is becoming outdated and habit's can be built or changed later

Q : My toddler will only eat beige food, or snack. Help.

A: It's totally normal. Keep offering without pressure. One day they'll steal food off your plate and you'll wonder who this child is.

Q : My kids keep having meltdowns after school every day. What's going on?

A: Take it as a positive, they are holding it in and together all day at school. They come home and finally feel safe enough to fall apart.

Q : I always said I wouldn't be a screen parent. I find myself using them more and more to get through the day. Am I a bad parent?

A: Unfortunately, it is now a reality that we have to face, screens can't be avoided forever. Balance matters, not perfection.

Q : I envy parent's that have easy kids, or have it easier. Is that awful?

A: It's human. Just remember not everything you see is what is happening. You are only witnessing a snippet or watching a highlight of that day. Not the 3, 4, 5am wake ups or the 200 tantrums they have had to leave the house.

Q : My child's started to lie about small things. Is this the start of a bigger problem ?

A: It's often about avoiding disappointment, not bad character. Focus on safety to tell the truth, not punishment.

Q : My toddler has started biting/hiting. What am I doing wrong?

A: Firstly, you're doing nothing wrong. It's a lot more common than you think. They are dealing with a lot, teething, new emotions, changes in routine, and so much more you don't even think about. Concentrate on keeping calming, redirecting and being consistent.

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Crafting in the Woods: Creativity Rooted in Nature



Written by Layla, Sunshine Forest School

Crafting in the woods gives children the chance to slow down, get curious and create in a calm, natural space. Surrounded by trees, changing seasons and natural textures, the woodland becomes both a place to play and a place to make. Woodland craft is about connection, to nature, to materials and to children's own ideas.

Encouraging children to use natural, found materials wherever possible, such as sticks, leaves, stones, bark and mud invite children to look closely at the world around them and discover that creativity doesn't come from shop-bought resources, but from imagination and exploration. This helps children develop respect for nature and confidence in their own abilities.

Sometimes, especially when working with larger groups, you could also bring materials into the woods. Items such as string, wool, clay or tools. These should always be used thoughtfully and alongside conversations about caring for our environment.

Children can take inspiration by artists such as Andy Goldsworthy and Richard Long, who create simple, beautiful artwork using natural materials. Just as importantly, crafting is not always adult-led. Given time and trust, children often create incredible things independently, a powerful example of learning through play and experience. See some examples below.



Make a Rockhopper Penguin

Written by Jacqui, Twistin Tots

You will need:

- Cardboard tube
- Googly eyes
- Black, pink, white, yellow, orange card
- Glue

What to do:

1. Cut a large rectangle of black card, wrap around tube and glue on.
2. Cut a white rectangle of white card, $\frac{2}{3}$ size of tube. Round off corners. Glue to tube leaving $\frac{1}{3}$ at the top.
3. Cut two rectangles of black card for wings and round corners. Stick each side of tube, $\frac{3}{4}$ of way up, overlapping the white card and so they just reach bottom of the tube.
4. Take a pink square of card. Fold on the diagonal and cut. For each foot, shape the longest edge so that it has 3 even points. Stick the inside the bottom of your body / tube.
5. Cut a small rectangle of orange card, fold, cut the bottom into a point. Glue about half way between the white stomach and the top of the tube.
6. Stick on 2 x googly eyes either side of the beak
7. Cut two yellow triangles. Shape to look like feathers (see below). Stick above the eyes so that they meet in the middle and stick out at sides.
8. Cut a black triangle, shape one edge to be the spiky feathers. Glue between the eyes and just above the beak.



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The Easter Story

By Rev. Elliott George - Belper Vicar

Hello there - I'm Elliot, the new vicar for Belper!



We're about to enter my favourite time of year, when schools start talking about Springtime topics like flowers and life-cycles. As you can see in the photo above, we're desperate for new life to begin - when the days will brighten up, leaves start growing on our trees again, and the damp and cold of Winter will (hopefully) fizzle away. Maybe some of you have also started stocking up on chocolatey treats, possibly in the shape of bunnies or eggs. This season of new life is why we get chocolates in those shapes at this time of year. And it's always good to celebrate new life (especially with chocolate!), whether it's a baby being born, or even our own birthdays each year. As a Christian, I'm lucky in that I get to celebrate Jesus's new life twice! Firstly at Christmas, when we remember that Jesus was born as a baby in Bethlehem, with Mary and Joseph and all the rest of the characters. We get to eat lots of chocolate then too!

But also, Christians all across the world will soon be celebrating Easter. We'll remember Jesus's story: when he rode into Jerusalem on a donkey while people were cheering and calling him king and saviour; when he taught people about God's kingdom of light and love; when he shared a final meal of bread and wine with his followers; when he was arrested and executed on the cross; and most importantly, when he rose back to life again on Easter Sunday!



Jesus was too powerful for death to hold him down, so he broke out and came back to life again! The people who followed him went to the tomb where they buried his body, but it was empty because he isn't dead anymore! This is such an incredible story that even other heroes have copied it - like Harry Potter, Neo from the Matrix, Gandalf from Lord of the Rings, and many more.



But the thing that makes Easter a more special story than any of those heroes is that it makes a difference for us too. It's a lovely story that Harry Potter came back to life to save the day and defeat Voldemort, but it doesn't really change our lives. Christians believe that, because Jesus came back to life and defeated death, we can also be risen to life too. Even though we all do bad things from time to time, Jesus loves us so much that he took away the power of evil so that we can have a life of love with God. Sometimes in church services we say, "By dying, Jesus destroyed our death. By rising, Jesus restored our life." Sounds like something to celebrate to me!

So, this Easter, when you crack open your chocolate eggs and see that they're empty inside - remember that Jesus's tomb was also empty! Because of Jesus, we have new life waiting for us too - life that can begin right now and last forever.



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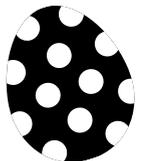
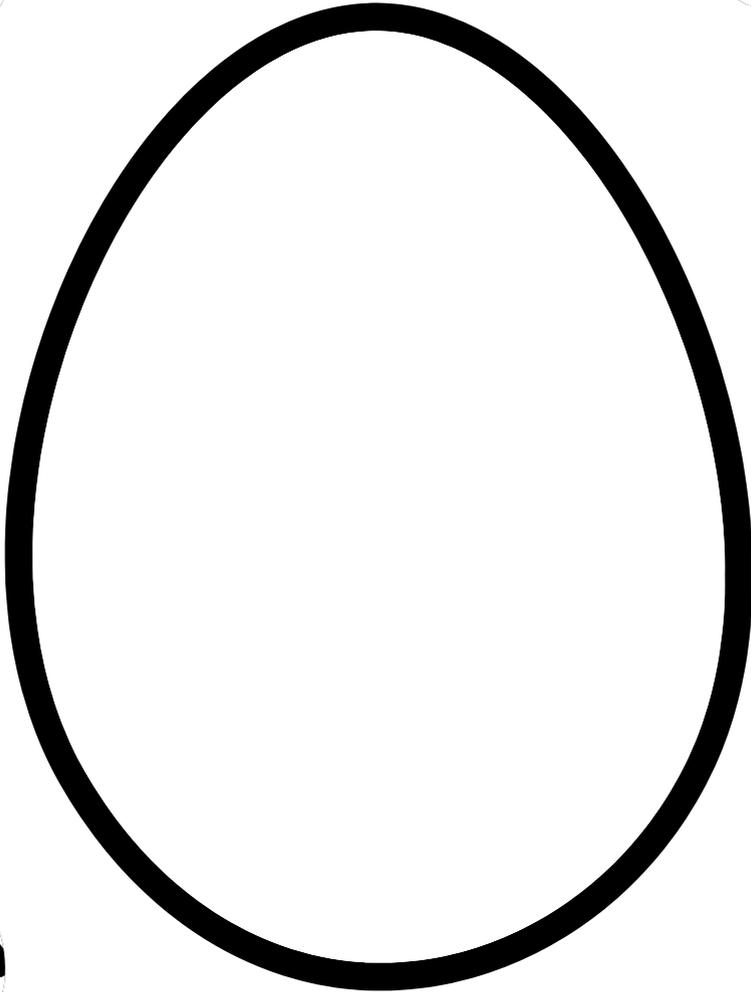


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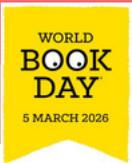


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World Book Day 2026 - Why Reading Matters



Written by Steph, First Time Mum, Co-Owner & Director

Every year in March, children across the UK celebrate World Book Day – a special day dedicated to books, stories and the joy of reading. World Book Day was created to spark a lifelong love of reading in young people, encouraging children to discover books that excite them and helping families to make reading a fun part of everyday life. In the UK and Ireland, children in full-time education are given a special book token they can use to choose a book of their own – a really lovely way to make reading feel personal and special.

For us as parents, World Book Day isn't just about dressing up. Seeing my own daughter Rose think about her favourite book and pick her favourite character is a memory I will always cherish. I love seeing the difference in the character she picks each year. Last year she picked the Gruffalo (this may have been a second choice due to not being able to find The Highway Rat!). I'm excited to see what she picks this time!



Costumes help bring books to life in the most imaginative way. The dressing up isn't the point in itself – it's a way of celebrating the stories that matter to them and letting them own their love of reading.

But beyond the costumes and the excitement of book vouchers, the real magic of World Book Day is in reminding us why reading matters so much. Reading isn't just an academic skill – it shapes how our children think, speak and see the world. Research shows that children who are read to regularly develop better speech and language skills, with enhanced vocabulary and stronger literacy compared to children with less shared reading at home.

Exposure to words from a young age isn't just about learning to read – it supports everyday communication and confidence. Books introduce children to new words, ideas and concepts they might not hear in everyday conversation. They help children understand emotions, see the world from other perspectives, and build empathy and curiosity – skills that go far beyond the classroom.

I find the most beautiful thing about reading is that there's no 'right' way to do it. Some children enjoy reading books independently, others prefer listening to stories or reading side by side. World Book Day reminds us that reading isn't about pressure or perfection; it's about finding stories that make our children feel excited, seen and curious. When we follow their interests and celebrate what they enjoy, we're not just raising readers – we're nurturing confidence, creativity and a lifelong love of learning.

As a mum, some of my favourite moments are snuggled up reading together before bed, or listening to Rose read to me using her imagination from the photos. Those moments aren't just about literacy; they're about connection. Reading gives us shared memories, opens doors to new conversations and helps build confidence in speaking and understanding the world.

Share your World Book Day costumes with us! Tag us on social media we would love to see what characters you get creative with!

Tag - @boom_magazine_derbyshire on Instagram & Facebook



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